



BUGLE



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CHALK TALK

by Brian Davis



HIGH SCHOOL REGISTRATIONS

On May 6, representatives from Victoria Composite High School will visit our Grade 9 students to take preregistrations for 1968-69. Victoria Composite offers a complete matriculation program and vocational training as well. Students without a B or better rating in Grade 9 Language will be encouraged to include in their Grade 10 program Reading 10, which is a remedial reading course. Any student who is interested in learning a trade for his future employment should seriously consider registering at Victoria Composite High School.

Representatives from Queen Elizabeth Composite High School will also visit our Grade 9 students early in May for pre-registration at that high school.

SPORTS

Eliminations for the City Track Meet will be held at the Queen Elizabeth Composite High School grounds on May 22. Major General Griesbach junior high will be entering one representative in each event. We wish them success.

BRIGADIER GAULT SCHOOL ACTIVITIES

Easter Program

Mr. N. Bodnar's Grade 6 class presented their annual Easter Program, "Mine Eyes Have Seen Him," to the school just prior to the Spring vacation. Great credit is due to the performance and to the teachers who so ably assisted in the production of the

program. The piano accompaniment was provided by Mrs. M. McLean, and Mrs. Hales designed and made the costumes. During the intermission, there were songs and recitations. Stage decorations and sets were drawn and provided by the class. Characters in the play were: Ruth — Karen McDow and Gloria Davies; Jonas — Gordon Hanson; Eve Yvonne Jordon and Beverly Smith; Lydia — Debbie Hall and Peggy Atkinson; Peter — Ean McLean; Mary — Teresa Crowley and Deborah Mooney.

Circus Show

On Wednesday afternoon, Apr. 3, Mrs. E. Loewen's Grade 1 class had a circus show for their parents and younger brothers and sisters. The program consisted of a television show, songs, rhythm instrument numbers, and several puppet acts. The children enjoyed presenting the program and were pleased with the good turn out.

Germany Letter

Mrs. M. McLean's Grade 4 class were pleased to have a letter from Denise Schuh, a former classmate who transferred from their class in January to a school in West Germany. Denise will be pleasantly surprised when she receives 26 letters in reply!

Congratulations go to Darlene Bond, a young artist from this class, who drew a fine blackboard mural depicting St. Patrick's greetings for all to enjoy.

In April, the girls made attractive Easter Bonnets, while the

boys were busily working on fire safety posters for the April Fire Prevention Poster Contest. Students from Mrs. McLean's Grade 4 class who won swimming badges recently were: Don Davis, junior; Bob Noble, intermediate and mile swim; and Bryan Kube and Michael Strand, beginners.

SPRING SONGS

A welcome to Spring was expressed in verse by students of Grades 3 and 6. We publish two that exemplify the season's new life.

SPRING

by Joanne Miller
(Grade 3)

I like to take a walk in spring
And hear the nesting robins sing,
And peek in grassy places where
The first spring flowers scent
the air.

I like to find wild violets
And tulips, gay as marionettes,
And pussy willows whose soft
fur

Must surely cover up a purr!
I like to hold a kitten small,
And watch a puppy chase a
ball.

These baby things, like birds
and flowers,
Are part of springtime's happy
hours.

SEASON OF RAIN

by Bobby Strand
(Grade 6)

Spring is the season of rain
All day there are showers,
But it doesn't fall in vain
'Cause soon there'll be flowers.

Everywhere are puddles of mud,
Rain is everywhere.
Out pop pussy willow buds;
Spring is in the air.

BUGLE WRITERS' CONTEST

Many of the numerous entries from Grade 7 (chiefly from Room 71) were of commendable quality and originality. The wide range of topics of short stories and poems included U.F.O's, Math, Volcanoes, the Sea, Animals, Stars, Mystery, Ghost, and Space stories. From the Grade 7 entries the editors finally selected "Thoughts of a Teenager", by Wayne Holland, as this month's award winner, and "Death of a Wolf", by David Zeggil, for Honorable Mention. The Grade 8 classes submitted two entries, but no award was made for this group. From Grade 9, Sharon Cleaver's "Dream Fantasies" is original, well expressed, and interesting, while Jan Milsom's Honorable Mention, "Lament to MLK", is of high merit. Lynn Walker and Linda Hannah also produced good creative efforts.

AWARD WINNERS

DREAM FANTASIES

by Sharon Cleaver, Grade 9

The woman was dancing with Rock Hudson through a store that sold nothing but chewing gum. The woman's mother-in-law, in the form of a dodo bird, flew over them, dropping pies on their heads. Suddenly, Rock turned into an oversized teddy bear and they danced off into the sunset, arm in arm.

This, you say, is ridiculous. But it isn't. Anything can happen in a dream. A dream is a private play, written, directed, and produced by the dreamer who usually takes the leading role.

Extensive scientific research at such places as the University of Chicago and Harvard University have proven that everybody dreams every night. This was proven by monitoring nightly sleep, measuring heart action, brain waves, eye and body movements, and respiration.

A person will have as many as nine, and not less than three, dreams per night which last anywhere from ten to thirty minutes with a ninety-minute break between. Altogether, a person dreams twenty per cent of his sleeping time in one night.

A minority of people remember their dreams in detail, while some forget everything. A majority of people will remember parts of their dreams.

Although dreaming is a natural process, as common as breathing, there is no way to bring them on and no way to stop them. Even if you ate a salami and peanut butter sandwich with pickles, nothing would happen. It's what you do, think, or feel during that day that affects your dreams.

But the emotions and thoughts reflected are not easily seen. The message contained is expressed in visual form. These forms represent your ideas and emotions.

The reason we dream is because we need to. Dreaming provides a stage where we harmlessly express problems that are painful, anxiety-provoking, and seemingly unresolvable. It is an emotional safety-valve, or nature's way of allowing us to "let off steam" harmlessly.

So you see, because of all these facts, nothing is impossible in a dream.

THOUGHTS OF A TEENAGER

by Wayne Holland, Grade 7

What do teenagers think these days? With war, stealing, and depression all around them, are the thoughts very good ones? What does a teenager think of when he sees or hears of Viet

Nam? Of killing? Of the countless millions who are starving and who are fighting for freedom and their lives? I, as a teenager, am mixed up with these thoughts. Why is the world fighting, killing, and starving? What is the reason? If someone would tell us, maybe we could understand a little. In a few years we will be the men and women of the world. We can't want to grow up and fight something we know nothing about. But do people tell us? Do parents talk to their children about our world's affairs? It's our world too! But people say to themselves, "What can a thirteen-year-old do to help the world?" Well, we may not be able to do any good, but maybe we can start thinking about what our poor old world will be like in twenty years. What will life be like for us then? It will be a darn poor world if we grow up without knowing about the cold, bare, cruel facts of life of this world. This is what a teenager thinks about in his spare time — about what the world is doing, and why it is doing it.

DEATH OF A WOLF

by David Zeggil (Grade 7)

The leader of the pack, a huge, fierce, grey wolf, ran with easy loping strides over the hard snow. He slowed occasionally to sniff the cold air for any traces of the herd of deer he was pursuing. Driven hard by hunger, the pack had started the hunt two days ago when old tracks were found in the woods. Since then, they had travelled without ceasing, and by now were very near their prey.

Suddenly, the band jerked to a quick stop. Cougars! The worst enemy of all wolves, the two beasts would fight over the smallest game. Not wanting to be robbed of their meal by the cougars, the wolves increased their speed.

The wolves came upon them in a small clearing. Five deer lay dead on the ground, throats slashed, entrails piled on the ground. Three full-grown cougars also dominated the scene. They watched the wolves with staring, unblinking eyes. Not one of the wolves dared attack. That is, all except the leader. With a growl, he leapt upon the nearest cat, and in seconds its light brown fur was stained in blood, and its throat victim to the wolf's terrible fangs. But now the other two cougars had him trapped. The largest lunged out at the wolf's throat, only to miss and slash open its hind leg. It lunged again, rolling over and over with the wolf. Soon it was finished. The wolf lay dead in the snow, (continued on page 3)

Griesbach Community Association

Operates both as a Recreational Co-ordinator under CFAO 50 2 and as a Married Quarter Community Council.

The organization of the Association is shown below and it is for your use. Activities can be added or changed as the membership so desire. The representatives on the council are appointed by units based upon the number of PMQs occupied by the units.

Listed below are association organizations operating within the Griesbach Area.

Griesbach Community Council

(Where Local is shown dial 479-8411 first)

Chairman — Mayor A. Fraser	Local 377	476-7363
Vice Chairman — Capt. H. W. J. Hammond	575	476-7063
Treasurer — Capt. S. Faber	546	484-1829
Secretary — WO K. M. Campbell	221	476-6857

WARD COUNCILLORS

	Bus.	Res.
Ward 1 — PMQs 51-82, 85-104		
Sgt. G. I. Payne, PMQ 70	401	476-7764
Ward 2 — PMQs 20-50, 105-136		
WO. A. P. Bryant, PMQ 36	454-4342	476-6955
Ward 3 — PMQs 1-7, 83, 84, 137-177,		
Cpl. W. K. Henderson, PMQ 161	382	476-6820
Ward 4 — PMQs 8-19, 178-224		
MWO M. C. Tennant, PMQ 192	454-3771	476-5247
Ward 5 — PMQs 236-254, 266-304		
Capt. H. W. J. Hammond, PMQ 303	575	476-7063
Ward 6 — PMQs 305-343, 542-559		
Lt. V. D. Cole, PMQ 265	462	476-5394
Ward 7 — PMQs 225-235, 255-264, 344-358, 736-759		
Sgt. H. J. Howells, PMQ 756	799-3225	476-6463
Ward 8 — PMQs 359-410		
Sgt. D. R. Swanson, PMQ 387	507	476-6920
Ward 9 — PMQs 411-449, 492, 493, 506-523		
Cpl. R. J. Peters, PMQ 509	204	476-4135
Ward 10 — PMQs 450-491		
Sgt. G. J. G. Vanderhoef, PMQ 471	454-4342	476-6173
Ward 11 — PMQs 494-505, 524-541, 560-588		
Cpl. W. C. Lord, PMQ 572	476-8792	799-5132
Ward 12 — PMQs 605-609, 618-631, 697-735		
Sgt. N. R. Everatt, PMQ 617	476-7472	
Ward 13 — PMQs 632-696		
Cpl. J. L. J. Landry, PMQ 655	476-7486	

Sponsored Clubs

Griesbach Young People's Association:		
Chairman — Sgt D. D. Swanson	507	476-6920

GYP Executive:

President — Donald Swanson,	
Vice President — Duane Spurrier	
Secretary — Rhonda Steil	
Treasurer — Kathleen McKerracher	

Swap Shop

Mrs. J. G. W. Mills	476-6391
Mrs. G. Chaisson	476-6937
Mrs. D. J. Colett	476-6787
Mrs. W. H. Morey	476-6378
Mrs. E. Shell	476-7944

Boy Scouts

Asst. District Commissioner—Mr. E. T. Maclean	392	476-6374
15027 - 108 Street		
District Scoutmaster — Capt R. L. Spencer	395	476-6915
13723 - 101A Street		
District Cubmaster — Mr. W. Morey	454-4342	476-6378
15008 - 106 Street		

Group Committee

Chairman — Capt J. D. Lumsden	288	476-6687
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Cubs

See Scout News

Girl Guides

District Commissioner — Mrs. Muriel Webb		476-6041
See Guide News		

Brownies

See Brownie News

High School Book Rental

Capt E. L. Proudfoot	485	479-2443
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Library

Capt. H. R. Hayden	252	476-6176
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Hockey

Skating Rink

CWO C. Garnett	570	476-6144
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Soccer League

Ballet

Mr. P. M. Tennant		476-5247
14207 - 101 St.		

Grounds Committee

Mr H. B. Dales	362	476-6391
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Garden Committee

Lt J. R. Savoie	465	476-6929
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Junior Rifle Club

Major W.H.J. Stutt	460	476-6488
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Griesbach Sports Committee

Lt W. E. Greisbach	433	476-6149
Playgrounds Basketball, Badminton, Gymnastic Classes, Judo, Skiing		

Lake Wabamum Camp Site

Lt W. B. Fairbairn	799-3123	476-7855
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Chairman & Swimming

Team — Lt W. E. Griesbach	433	476-6149
Beginners and Junior Classes — MWO Mason	427	476-6322
Senior and Intermediates — Sgt. V. M. Webb	271	476-6370
Life Guard — Sgt W. H. Morey	454-4342	476-6378

Griesbach Clubs

These clubs operate on independent authority with subscriptions from their own members.

Curling

Major C.A. Hurst	590	476-7368
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Fish and Game Club

Sgt. V. M. Webb	271	476-6370
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School Board

Chairman — Maj C. E. West	560	454-5143
Secretary — Major P. P. Koslo	351	476-9389

Ladies Keep Fit Classes

Instructress — Mrs E. Kortzman		477-5836
13320 - 103 Street		

the cougar towering victoriously over the fallen animal.

None of the pack cared to end up like their leader and they cowered away from the cougars who soon lay down and continued their napping, carrying on as if nothing had happened.

The wolves would get a new leader, one who would lead them in fighting and hunting.

Back in the forest all that showed of the skirmish were the stiff figures of two once-powerful animals.

HONORABLE MENTION

LAMENT TO MLK

by Jan Milsom
(Grade 9)

the radio tells the news
and in the background
I hear the timeless chanting
of hatred
I look into eternity
to see if I can find love
and brotherhood
but they are hiding
behind a bullet
which hides inside a gun
held by a man
hiding inside a man
in whom is hiding the reason
Satan
was created

and now the people are weeping
enough to show emotion
but not to drown
the violence
or put out the fires
that arsonists made
in ironical tribute of his
philosophies
because
they think
they are greater than he was

has his philosophy
died with him
or can it withstand the bullet

Horizons

BATTLESHIP OF A GUNSHIP

The USAF started loading old Dakotas chock full of rapid-fire machine guns and called them "Puff the Magic Dragon" for the flames they shot out while pouring fantastic quantities of bullets into ground targets in southeast Asia. Then came "Spooky," a better cranked up version particularly at night when it crept through the black sky seeking the artillery and mortar flashes of enemy concentrations then chewing them up with a torrent of rounds. Now there's a specie of Hercules in the business. It's the USAF AC-130 Gunship 2 which has four side-firing, fuselage-mounted 20 mm Vulcan cannon and four 7.62 mm Miniguns. (CFP).

FRONT PAGE PICTURE

Operation Panther Leap provided training for all elements of Canada's contribution to the Allied Commander Europe's northern NATO mobile force. The strike force, 1 Queen's Own Rifles of Canada with air, artillery and support elements were tested in conditions similar to those which would be encountered in their role with the NATO forces. In the Chillcotin area of British Columbia (1) 2 QOR of C acting as the enemy harass the Omegans with propaganda. (2) Brigadier General S. C. Waters exercise commander confers with Lt. Col. H. Pitts, commanding officer 1 QOR of C and Lt. Col. N. Robinson, chief umpire and commanding officer 2QOR of C. (3) A communications technician prepares the signal system in the Chillcotin training area. (4) Hundreds of 'jerry cans' of gas were required to keep the units in the field mobile. (5) Fantasian troops man their machine gun during a tactical phase of the exercise. (6) A Buffalo aircraft from 429 Squadron obscures the landscape with clouds of dust as it lands at Riske Creek with a load of supplies. (7) Charlie company commander observes the enemy forces as he directs artillery and mortar fire before going on the attack. (8) B.Gen. S. C. Waters receives a report from an L-19 air observation post pilot as the exercise ends.



CHANGING GUARD

Swedish private salutes Pte. Dave Sheppard as a Cyprus guard change takes place under Cpl. Jim Dort in background. Canada's Black Watch Highlanders come home in April, to be replaced by infants from the 1st Battalion, PPCLI, augmented by gunners from the 3rd Regiment, RCHA. (CFP)

A prospect for a life insurance company was filling out the application form. Included in the information was the space for "weight of applicant." The applicant wrote "183 pounds with glasses."

The insurance salesman checked the application after it was completed and asked why the applicant had stated his weight with glasses.

"Because," replied the applicant, "I can't read the bathroom scales without 'em."

* * *

Husband: "Look, dear, I don't want to sound mean but your mother's been living with us for ten years now. I think it's about time she got an apartment of her own."

Wife: "My mother? I thought she was your mother."

SUGGESTION AWARDS

1. Service personnel up to and including the rank of Captain or equivalent and civilian employees classified as Administration Officer 3 or equivalent are eligible to receive awards under the "Suggestion Award Programme."
2. A suggestion means a proposal, plan, or practical suggestion for improvements which result in:
 - a. monetary savings — actual or potential;
 - b. increased efficiency;
 - c. conservation of property;
 - d. improved working conditions; or
 - e. any advantage in operations.
3. Following are some types of suggestions which may be considered:
 - a. improvement of procedures, methods, routines;

- b. improvement of tools, machinery, equipment;
 - c. improvement of working conditions;
 - d. improvement of morale;
 - e. improvement of service;
 - f. saving money, time, materials, equipment;
 - g. eliminating hazards—fire, accidents, etc.;
 - h. eliminating waste, duplication, unnecessary operation; or
 - i. reducing number of forms.
4. Awards will be made in cash.
 5. Suggestions should be forwarded in memorandum form to the Chairman of the Base Suggestion Committee, Maj F. B. Diond (SOPSO 435 Sqn.) or the Secretary Lt H. G. Lee (BCOM MO).

FOR THE LADIES . . .

by Ellen Kierstead



Early bright sunny mornings tend to awaken the soul to a new kind of spriteness. If you have trouble pulling yourself out of bed you may have noticed a change in your get-up-and-go in the last few weeks; especially if your bedroom window faces the East. Without trying to put you back into that dull frame of mind (better known as the winter mood), I shall bring forth a gentle reminder that it's "housecleaning" time again.

Since I sympathize deeply with women on this subject, it occurred to me that there must be an easier way than mine to get over this hurdle. The task of beating out the mattresses, cleaning all the winter blankets and clothing makes me feel old. Some of my acquaintances, and anyone willing to discuss such a depressing subject, were cautiously approached. Surprisingly enough, many did not detest "spring housecleaning" and offered some good ideas, a few of which I shall pass on.

— Because I work outside the home I do my housecleaning in bits and pieces, About the first of March I draw up a schedule.

— Start with the things you dislike doing first, e.g. cupboards, clothes closets, dresser drawers. This is when I begin washing and packing

away winter clothes, and discarding outgrown and worn out clothes.

— When I do kitchen cupboards I take note of items which are low or out of stock, e.g. spices, glasses, cooking gadgets. Each time I go grocery shopping I pick up one or two items without straining my budget.

— Guess I'm old-fashioned like my mother. I start from the top and work down to the bottom and finally the basement. After that I need a week to rest up, but it's off my mind and I can go on to other things.

— Whatever way we tackle the job, it's apparent we tackle it differently. Whether we do it ourselves, in bits and pieces, or fortunate enough to have hired help; to eliminate the winter's grime is still a chore. Cleaning drapes, washing windows and walls, and waxing floors can make tempers short. But the excitement and relief that comes with the climax of "spring cleaning" is what I term a luxurious feeling. Don't you agree?

Sign in a local delicatessen shop: "Swiss cheese with 22 per cent fewer cavities."

SPRING CLEAN-UP WEEK

The second week of May has been selected as clean up week for Base Edmonton.

This year as in past years your fire department requests your wholehearted support in the removal of fire hazards from your homes.

Lets all pitch in and get rid of all those items that are cluttering up the basement and overloading our closets.

We are not suggesting that you throw away items that you need, only items you really never use, but are a little reluctant to part with.

By reducing the amount of un-necessary items in our homes we reduce the amount of combustible materials that may catch fire due to one reason or another.

In past years special vehicles were used to tour the PMQ areas to pick up your discards. This year your regular garbage collector will as a part of his contract, haul away any items you wish to discard.

During Spring Clean Up Week, keep this old and wise slogan in mind,

"Don't Give Fire A Place To Start".

WARNING TO PARENTS

The Military Police have indicated that they are making an all out drive to eliminate false fire alarms within the confines of CF Base Edmonton.

Fire Alarm Boxes have been treated with a chemical to ensure that pranksters will be apprehended and severely dealt with.

The Fire Department has been plagued with false alarms for a number of years and it is past time to call a halt on this type of foolishness.

Every time the Fire Department responds to a false alarm, the rest of the Base is left without fire protection.

The giving or sounding of a false alarm is a criminal offence and is dealt with under Section 378 of the Criminal Code and the penalty provides a fine up to \$500.00 or six months imprisonment or both fine and imprisonment.

Parents are therefore requested to educate their children with regards to false alarms so the above enforcement will prove to be unnecessary.

Your Fire Department

Bill: It's raining cats and dogs.

Jack: I know. I just stepped in a poodle.



100th ANNIVERSARY VOYAGE OF THE NONSUCH

A four colour Canada Post Office 5c stamp to be released on 5th June, 1968, will commemorate the 300th Anniversary of a perilous four month voyage of discovery by the Nonsuch into Canada's northern waters, Postmaster General Jean-Pierre Cote announced. Success of the Nonsuch venture is credited by historians with the opening of Canada's West through the fur trade.

The new stamp, horizontal in format and having dimensions of 40 x 24 mm., was designed by the British American Bank Note Company Limited, Ottawa, whose facilities will be used to print 24 million of the new issue by a combination of the steel engraving and photogravure processes. Mucilage employed for this issue is the virtually invisible material used on two previous occasions for Canada Post Office stamps.

Customary First Day Cover Service will be provided by the Postmaster, Ottawa 2, Ont.

Canada, in dark blue lettering, is printed vertically at the extreme left of the stamp; immediately adjacent is the artist's concept of the Nonsuch with billowing sails proceeding in relatively calm blue seas against a backdrop of icebergs and the aurora borealis in which shades of light green and rose are predominant. A white denominative 5 appears in the upper right corner in a sky of blue; at the lower right, in an area of dark blue water, white lettering consists of: "1668," "Voyage of the Nonsuch" and "Voyage du Nonsuch" arranged in three lines to avoid repetition of the vessel's name. The superstructure and masts are chiefly of a golden oak hue; pennants flying in the wind are in red and white.

The originators of a scheme to tap a vast fur potential by exploration through northern waterways were Medard Chouart, Sieur des Groseilliers and Pierre Esprit Radisson. For the furtherance of their plan the two made their way to Europe where they were put into touch with Prince Rupert; Rupert, recognizing the feasibility of substituting a summer voyage for a year in the wilderness, enlisted the patronage of his cousin Charles II.

Sailing from Gravesend, England, on the 3rd of June 1668, the tiny 43-ton 36-foot ketch Nonsuch "heaved to" on 29th of



LEADERSHIP TRAINEE

Private Bill Escott, 23, of 752 Comm Sqn, CFB Edmonton, takes "5" for coffee during a rugged seven-week Junior Leadership Course at Canadian Forces Base Borden, Ontario. On course at the nation's largest military training centre where more than 200 trades and career courses are taught, among the subjects he studies are Leadership and Management, Methods of Teaching, Military Law, and Map Using. This course is necessary prior to his being promoted to the rank of corporal.

(Bugle Photo)

September in James Bay at the mouth of a waterway which the adventurers christened Rupert River. Their point of landing was to become the site of Charles Fort, which, in turn, became Rupert's House. It was here that the newcomers from the old world met the primitive Cree Indians who displayed a significant lack of hostility. Obligated to winter in the unfamiliar harsh northern environment immobilized by heavy ice, the Nonsuch and her crew, commanded by a New-Englander from Boston, Captain Zachariah Gillam, returned to London in October 1669 with a rich cargo of prime furs; it was this success which led Prince Rupert and seventeen associates to obtain from Charles II their incorporation as The Governor and Company of Adventurers of England trading into Hudson's Bay. The Charter, a lengthy document of some six thousand five hundred words, has been referred to by historians as the most far-reaching commercial document in British history.

It had not been intended that the one vessel would be alone in the venture; in fact, a second ketch, the Eaglet, had sailed in company with the Nonsuch. The Eaglet, 54 tons and 40 feet in length, under the command of Captain William Stannard, was forced back by storms leaving the smaller vessel to persevere alone. Sponsors of the plan had originally laid down the concept that, if success was achieved, the two

captains Stannard and Gillam, would exchange ships for the return voyage.

King Charles' enthusiasm for the venture is apparent in his decision to make available a naval ketch, the Eaglet; assigned to travel with this vessel was Radisson. Groseilliers joined the captain and crew aboard the Nonsuch, a former naval vessel, which had been sold in 1667 and now made available by her new owner, Sir William Warren.

We are told, in the wording of yesteryear, that the Eaglet turned back in the early stages of the voyage because she was: "by reasons of the deepness of her Wast unable to endure the violent Stormes they mett with all."

PPCLI DEPOT NEWS

Following the recent announcement of the pending close of the PPCLI Depot which appeared in the Edmonton Journal on Monday, 8 April 1968, the dissipation of this unit has commenced.

Sgt Reid has been posted to 1 PPCLI and has gone to Cyprus with that unit. Cpl Grenier JFR, one of our Physical Training Instructors has reported to CFB St. Hubert and Cpl Kopp WDT has departed for CFB Cornwallis

where he will carry on training recruits in the same distinctive style he did whilst here at the Depot.

In this and the following reports, until close down time, this column will keep you posted on the departures of all staff personnel.

It would also seem most appropriate to present extracts of the brief history of this unit in this and the following columns.

The PPCLI Depot, as it is known today, opened its doors to recruit training and the running of Regimental affairs on 1 June 1953 in Currie Barracks, Calgary, Alberta.

From the opening date up to the present the Depot has had five Commanding Officers as follows:

Major HG Munro, CD
1 Jun 53 to 30 Jun 58
Major RB Mainprize, CD
16 Sep 68 to 31 Aug 61
Major DOR Kearns, CD
1 Sep 61 to 8 Jul 63
Major GE Henderson, CD
9 Jul 63 to 20 Mar 66
Major WHJ Stutt, CD
21 Mar 66 to present date

It is of interest to note that

of the five Commanding Officers, three of them, Major Munro, Major Mainprize and Major Stutt, were all NCOs in the PPCLI prior to World War II.

The number of soldiers who have taken their Recruit and Leading Infantry Training in the Depot has averaged 443 per year. During the sixteen year span that the Depot fulfilled this task, it would be safe to say that approximately 8000 recruits or better than eight infantry battalions commenced their military careers through the portals of the Princess Patricia's Canadian Light Infantry depot.

ARROWHEAD TRIB BOASTS NEW LOOK

Lahr, Germany (CFP) — The Arrowhead Tribune, serving Canada personnel on NATO duty in Lahr, West Germany, has a new look as of its Nov. 17 edition.

The "Trib" is published Thursday in letterpress tabloid form and the first edition (3,000 copies) in the new process is marked Vol. 1, No. 1. Previously the paper was rolled on base by mimeograph. S/L Quintin Wight is editor.

ODEON BOWL

YOUR
RECREATION
CENTRE

Nursery Available

Phone 476-6055

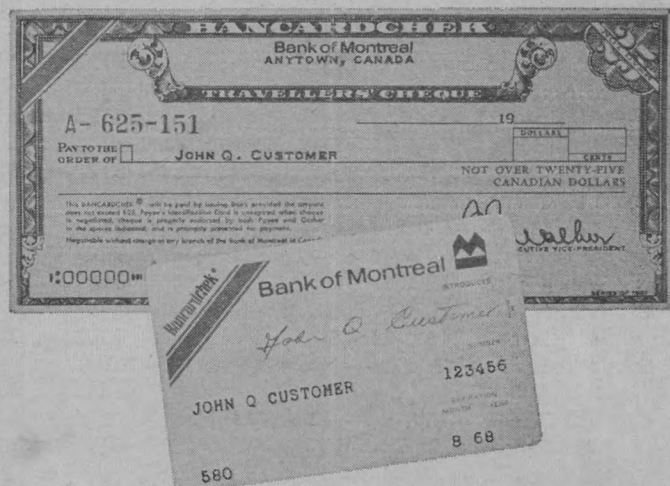
COMPLIMENTS
of

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	Bus	Res
Maj R MacGarva — Ward 7 — Mayor BOpsO — 243 - 21st St	3035	6097
Capt DA Watt — Ward 7 — Treasurer 435 Sqn — 232 - 7th Ave	5002	6129
Capt JW Douglas — Ward 7 — Vice Mayor 418 Sqn — 238 - 7th Ave	3103	6174
WO GV Carson — Ward 2 — Secretary CE — 2 Poplar Cresc	3114	6478
Sgt R Moreau — Ward 2 — Vice Secretary 7SD — 9 - 10th St	5227	6342
Capt AL Hicks — Ward 1 — Recreation Chairman 435 Sqn — 18 Pine Cresc	5002	5158
Cpl D Begg — Ward 5 — Recreation Co-Chairman Maint — 70 - 74th St	5010	6113
Cpl LR Broda — Ward 5 — Recreation Member MSE — 80 - 14th St	3128	6592
Sgt R Moreau — Ward 2 — Recreation Member 7SD — 9 - 10th St	5227	6342
Sgt VO Smith — Ward 6 — Recreation Member 742 Com Sqn — 197 - 13th St (Griesbach 507)	3635	
Cpl PG Morrow — Ward 6 — Recreation Member MSE — 219 13th St	5122	3518
Cpl RM Mountain — Ward 7 — Recreation Member AMU — 138 - 19th St	5125	3610
Cpl W Dance — Ward 7 — Recreation Member Maint — 127 - 7th Ave	5010	5075
Capt LA Flanders — Ward 1 — Entertainment Chairman 435 Sqn — 18 Cedar Cresc	5148	5369
Sgt T Nitz — Ward 6 — Entertainment Co-Chairman 7SD — 182 15th St	5205	3624
Sgt RI Cairns — Ward 2 — Entertainment Member Photo — 14 - 10th St	5150	5423
Cpl JR Tasse — Ward 4 — Entertainment Member 435 Sqn — 2 - 12th St	5103	3591
Cpl A Oakley — Ward 5 — Entertainment Member MSE — 45 - 14th St	5122	6544
Cpl MF MacDonald — Ward 5 — Entertainment Member AMU — 75 - 14th St	5125	6159
Cpl RL Fairfull — Ward 6 — Entertainment Member MSE — 200 - 13th St	5122	3277
MWO EF Cox — Ward 3 — Entertainment Member 435 Sqn — 42 Oak Cresc	5114	3083
Cpl NP Nordstrand — Ward 4 — Entertainment Member Met — 22 - 12th St	3141	6408
Capt FS Fay — Ward 7 — Entertainment Member 435 Sqn — 246 - 21st St	5002	3488
Capt J Checora — Ward 1 — Home & School Co-Ord BGTO — 7 Pine Cresc	3245	3767
Capt JW Douglas — Ward 7 — Special Projects 418 Sqn — 238 7th Ave	3103	6174
Sgt HZ Ferguson — Ward 3 — Special Projects Tel (Air) — 17 Birch Cresc	5028	3483
Cpl JE Savage — Ward 4 — Inventory & Equip't Base Supply — 38 - 12th St	3045	3676
Cpl F Yurkowski — Ward 6 — Playgrounds (West) MSE — 218 - 13th St	3122	5261
MWO AJ Thicke — Ward 3 — Playgrounds (East) Maint — 31 Birch Cresc	5010	3177
WO WJ Daley — Ward 3 — Gardens Chairman Workshops — 47 Oak Cresc	5143	3567
WO M Lamoureux — Ward 2 — Gardens Co-Chairman 7SD — 24 Poplar Cresc	5233	3095
Sgt AH Stack — Ward 2 — Gardens Member Tel (Air) — 19 Poplar Cresc	5028	6553
Cpl VW Wilson — Ward 4 — Gardens Member MSE — 61 - 8th Ave	5122	6216
Capt GA Edvardson — Ward 1 — Youth Division Chairman 435 Sqn — 2 Pine Cresc	5002	3074
MWO VC Lynch — Ward 3 — Youth Division Co-Chairman 435 Sqn — 1 Maple Cresc	3630	5066
MWO S Rohatinsky — Ward 2 — Youth Division Member AMU — 5 - 10th St	3009	6554
Cpl VW Turner — Ward 4 — Youth Division Member Maint — 15 - 12th St	3002	3292

NOTE: All of the above personnel may be assigned additional duties as necessary to meet the council's objectives and obligations.

All About — CANADIAN ARMED FORCES STAMP EXCHANGE CLUB

What is the Canadian Armed Forces Stamp Exchange Club..

It is a club comprising philatally-minded members of the Canadian Armed Forces (Regular, Reserve and Retired), their families and Public Servants of the Department of National Defence and their families, no matter where situated.

Membership is also extended to personnel of other Armed Forces subject to the approval of the Executive Committee.

The purpose of the club is to promote the hobby of stamp collecting and to assist its members to acquire and dispose of materials to their best advantage.

How does the club accomplish this?

Membership in the club entitles you to participate in its several facilities. ,

1. An Exchange Circuit — Members submit their duplicate or exchangeable material to a central agency for circulation to other members.

The exchange system is something like a bank—you "deposit" material at Catalogue value and thus build up a "trading credit." When other members' material is sent you, you "withdraw" material and thus reduce your trading credit. You can continue to make deposits and withdrawals throughout your membership.

2. A Sales Circuit — This is similar in operation to the Exchange System except that there is no credit involved. You may submit material for direct sale to other members through a central agency or request that other members' material be sent you on approval, or both. All transactions are strictly cash.

3. A Regular Auction — of philatelic material submitted by our members is held to which all members are invited to submit bids. This is a very profitable way of disposing of your saleable material.

4. A New Issues Service — is provided on a deposit Account basis. A deposit of \$5.00, renewable on depletion, will bring you new issues of the world as they are issued.

5. An Instructional Program — is conducted via our monthly bulletin and in conjunction with local clubs with whom we affiliate. This will improve your knowledge of stamp collecting and improve the quality of your collection and, incidentally, your investment.

6. A Monthly Bulletin — is issued to bring you news and views of the stamp world, the

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business of the club and the particulars of your fellow members.

7. A Purchasing Agent — is available through whom you can purchase albums, catalogues and other accessories at much reduced prices.

What will all this cost me?

Membership dues are \$3.00 per year for Adult members and \$1.50 per year for Juniors, prorated half yearly. Our membership year runs from 1 Oct to 30 Sep.

Expenses incurred by each member in the Sales Exchange and Auction circuits are the responsibility of that member.

Apart from purchases made by you, these are the only costs.

I am a specialist collector of Canada — is it worth my while to join?

We number many Canadian specialists among our members who participate in all phases of the club's facilities. Special consideration is given to the specialist collector whether he collects Canada or any other country.

Pertinent articles in The Bulletin will be aimed at assisting the specialist.

I am a beginner collector — what can I hope to gain from membership in CAFSEC?

We hope you have much to gain. Our instructional program is designed to help you learn more about your hobby and to stimulate your desire to improve your collection.

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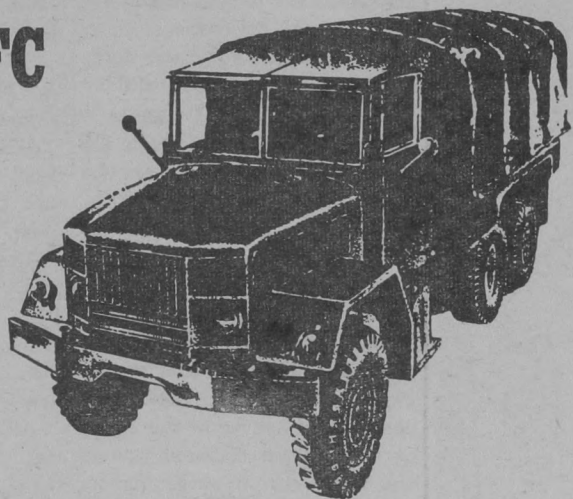
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3000	88.02	108.22
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A slide program is being produced which will be made available to local clubs and chapters.

The content of the Sales and Exchange Circuits is representative of all degrees of collector.

Our purchasing agent can help you get started with the least impact to your pocket.

If you run into problems with your hobby, a note to your executive will put you in touch with someone who can help you.

Does the club have regular meetings?

By its very nature this is impossible but we encourage the establishment of local groups and clubs at each base, unit, ship, squadron who would affiliate with us as a chapter. In this way you can meet together and discuss mutual problems.

At some future date it is possible that we might hold a convention with all the usual trimmings.

Business of the club is conducted through the monthly bulletin but the executive committee and other officers of the club meet together frequently to discuss problems and decide upon matters affecting the club.

How can I join?

Write for application form to: The Secretary, Canadian Armed Forces Stamp Exchange Club, P.O. Box 354, Dartmouth, N.S..

Complete the application form and return it and your membership fee to the secretary.

You will then be advised how to participate in the club's activities and you will be placed on distribution for The Bulletin.

AU REVOIR, NOREEN

The only woman editor along the CFP network has returned to civvy street. Lt. Noreen P. Chambers cranked up the paper on mimeograph a year ago but wasted no time in getting the Calgary Roundup into an offset tabloid format. Issued monthly its aim like many CFP papers is to come out more frequently. Succeeding Noreen as editor in chief is Capt. R. C. Kibblewhite. (CFP)

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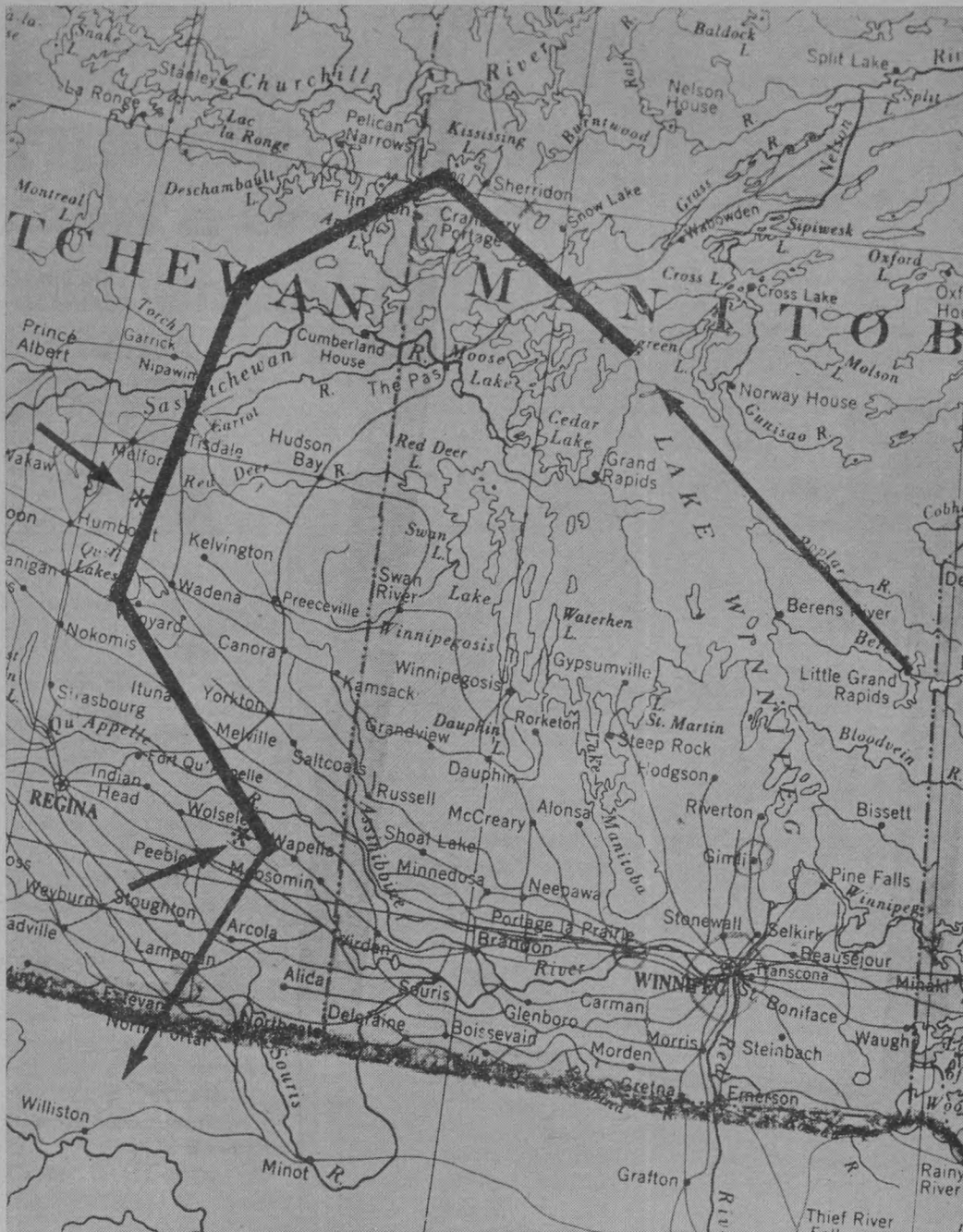
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SAC TRAINING FLIGHTS

U.S. Air Force strategic air command planes are flying training flights over Saskatchewan and Manitoba for the six months ending Sept. 27. The B-52 and B-58 bombers fly low-level, sub-sonic flights over routes marked by heavy lines. A special train with radar bomb-scoring facilities is situated at Naicom (top arrow) with similar facilities mounted on vans at Broadview (bottom arrow). The aircraft will not carry bombs and will travel at roughly 400 m.p.h., precluding sonic boom damage. About 70 USAF technicians live on board the self-contained train at Naicom and another dozen or so operate in Broadview. (CFP)

SEA CADET COOK REPORTING

HALIFAX — AT SEA IN HMCS ST. LAURENT — Sea Cadet Brian Cook, 19, of Lethbridge, Alta., investigates a radar contact while serving in HMCS St. Laurent during Maplespring '68 exercises.

Cadet Cook's nautical adventure began January 21 when, with eight other Sea Cadets from across Canada, he stepped across the brow of the St. Laurent and announced: "Sea Cadet Cook reporting for duty sir!"

Once on board the helicopter destroyer, Cadet Cook went through his in routine at dizzying speed. His mess, bunk and locker were assigned to him and as he settled in the last vestiges

of civilian life faded away. He was a sailor now, a tar on board one of Canada's fightingest destroyers.

A few days to look around Halifax and Cadet Cook was away to sea eagerly anticipating the awaiting experiences. They soon came: shore bombardments, antiaircraft exercises, submarine hunts, sea replenishments and the inevitable — that scourge of the sea — rough weather. Ah, it got uncomfortable in number one mess as the bows crunched into and dug beneath the waves before rising up to dizzying heights only to come thundering down again.

At last, the storm remustered itself elsewhere and Cadet Cook was able to spend his off-watch

hours languishing beneath the Caribbean sun as the cool Caribbean breeze wafted around him. Life was glorious.

Then, what every sailor longs to see — land! The promises of the distant port! What he would do and see! San Juan, Puerto Rico, that hide-away of Spanish buccaneers in the days when the Spanish Crown ruled the seas. What a treasure of adventure would be found here. Cadet Cook visited El Morro and San Cristobal fortresses, built with walls eight feet thick to protect the town from invaders and Calle Cristo, one of San Juan's oldest streets and a multitude of equally fascinating historical sites.

But as is the sailor's lot, he

must away to sea again. By now Cadet Cook was an old hand. He had the ship's routines weighted off, his work with the boatswains was no longer a source of mystery. He was part of the ship's company now and worked side by side with seasoned salts and masters of their trade.

New Orleans was next. There, the 250-year-old city of the Mississippi River opened up her arms to Cadet Cook and his fellow Canadians for the March 1-7 Canada Week celebrations. Here, Cadet Cook thrilled to the sights of the French Quarter and of course historic Basin street.

After the fun-filled week the St. Laurent put out to sea for the last leg of her part in Maplespring '68. Another week of gun shoots, fire-power displays and ship manoeuvres and the St. Laurent put into Charlotte Amalie in the Virgin Islands. Here, in Bluebeard's old stomping grounds, Cadet Cook wandered about taking in the sights of the brilliant coloured flowers and lush trees. It was a tropical paradise where he could relax and forget the rest of the world.

Then it was March 22 and the Atlantic fleet had only five days to hurry back to Halifax and the end of Maplespring '68. Here Cadet Cook had to say farewell to his shipmates, his home and what had been a way of life for two months. It was time to return to Lethbridge where his fa-

mily was waiting for him and the yarns and sea stories he would spell-bind them with during the evenings to come. Yes, Maplespring '68 had been quite the cruise.

S/Lt. B. C. Botsford,
Ship Information Officer,
HMCS St. Laurent.

NEW SUBMARINE

Canada's third Oberon class submarine, the Okanagan, will be commissioned June 22 at Chatham, Kent, England.

On completion of sea trials and a work-up program late this summer the Okanagan will join HMCS Ojibwa and HMCS Onondaga, now serving with Maritime Command on Canada's east coast.

The submarine was launched Sept. 17, 1966, and christened Okanagan by Mme Cadieux, wife of Hon. Leo Cadieux, who was then associate minister of National Defence.

All three "O" class submarines are diesel-electric conventional boats built specifically for Canada at the naval dockyard in Chatham. Displacing 2,410 tons submerged, with a length of 295 feet, they are fitted with modern detection equipment and armed with homing torpedoes. The submarines are named after Canadian Indian tribes.

The Okanagan will have a complement of 65 officers and men.

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ATC SUPPORTS TRANS-ARCTIC TREK

Edmonton (CFP) — Giant C13-OE Hercules aircraft of Canada's air transport command will become the all-important supply link between civilization and four Englishmen who are attempting to become the first to cross the Arctic Ocean by foot.

435 Hercules squadron based at CFB Edmonton has been given the task of dropping food and other supplies to the men of the British trans-Arctic expedition during their 3,500-mile trek across the top of the world.

The journey, which began Feb. 22 from Point Barrow, Alaska, should conclude at Spitsbergen Island in the Greenland Sea at the end of May, 1969. It is led by Wally Herbert, 33, a veteran Antarctic explorer who after four years of preparation felt he was ready to tackle what he calls "the horizontal Everest."

Other members of the group include Roy Koerner, 35, a glaciologist and meteorologist, and the only married man in the party; Allan Gill, 37 a geophysicist; and Capt. Ken Hedges, 32, a British army doctor.

SOCK IT TO ME

The first of five Hercules drops will take place April 12 about 560 miles from Point Barrow with the other four set for May, June, and September of this year, and April of 1969.

The use of air-drops to supply the men is necessary because of the barren polar region which, until air support became feasible, had been a barrier to a trip of this nature.

MUSH AND SLUSH

There will be seven drops in all with the first two being done by the U.S. office of naval research.

The four men, each with 10 dogs and a sled, hope to travel

by sled until June when, due to the slushiness of the ice, they will make camp and allow the drift of the ice flow to continue carrying them northward.

When the ice becomes firm in early September, they will again set off by sled. By then they will have passed the Pole of Inaccessibility, a point approximately 83 degrees north latitude, 174 degrees west longitude. This spot is the furthest distance in the Arctic from any landfall.

They will continue by sled until the end of September when the absence of daylight and extreme cold will force them to make camp until the end of February.

During this time the drift of the ice will continue to take them northward over the geographic pole and from 50 to 100 miles beyond. Then it's back to the sleds for the last leg of the journey to Spitsbergen.

During the 16 month trip the four will be making periodic weather observations as well as measuring the ice thickness and snow density. In addition, they hope to observe the distribution of wildlife in the central Arctic basin and learn the impact of a prolonged Arctic journey on man himself.

The expedition is sponsored by the Royal Geographical Society of England and the patron is Prince Philip.

McKEE TROPHY TO BE REINSTITATED IN 1968

The Trans-Canada (McKee) Trophy for aviation pioneering, retired in 1964, is being reinstated in 1968.

The new conditions for presentation of the award emphasize contributions in the field of air operation whether the recipient be military or civilian. The trophy will remain on dis-



HAUL OUT THE BOOKS

Maj. J. T. Bendega of the Nigerian Army gets lowdown on financial control methods for forces medical services in Montreal area from Col. Andre Lizotte, regional surgeon. Lt. J. R. Latulippe hovers in background to help. The Nigerian is visiting various forces bases in Canada to gain further insight into Canadian way of doing things. (CFP)

play in the Aviation and Space Museum, Ottawa, and be removed for formal presentations. The award will be made only in those years where the contribution of the nominees is deemed worthy of such recognition.

The trophy was donated by amateur pilot J. Dalzell McKee, Feb. 1, 1927, for contributions to aviation pioneering. By 1964 it was felt that the terms of the award were no longer applicable and the trophy was retired to the National Aviation Museum, Ottawa.

In 1966 the Minister of National Defence, official trustee of the trophy, withdrew the trophy from retirement and presented it to Philip G. Garrett,

a well known pioneer of aviation and then president of DeHavilland of Canada. This presentation generated renewed interest in the award and has resulted in its being permanently reinstated.

New conditions of award as drafted by the joint civilian and military award committee have been approved by the Minister of National Defence. These conditions and its accompanying nomination pro forma are being distributed throughout the aviation community. A call for nominations for the 1967 award year is being requested.

* * *

A MEETING — A mass mauling of master-minds.

TRAFFIC SIGNS



Adoption of symbol traffic signs by Ontario was announced recently.

The signs conform to international standards, and use symbols and illustrations to convey their message. When old signs need replacing, the new signs will be used in an increasing number of cases on both provincial highways and municipal streets.

Gradual transition to the new signs is expected to extend over some years.

CURE FOR EXHAUSTION

Sometimes, exhausted with toil and endeavour,
I wish I could sleep for ever and ever;
but then this reflection my longing allays:
I shall be doing it one of these days.

Life Saver

Sergeant Harold W. Hutchinson of the Fort Garry Horse received a silver bravery medal from Alberta's Lieutenant-Governor, J. W. Grant MacEwan during a ceremony at the Legislative Guildings in Edmonton. He earned the Life of Alberta award for his actions when a fuse began to burn as it was being inserted into a grenade by a soldier under his supervision. Sgt. Hutchinson immediately grabbed the grenade from the soldier's hand and threw it out of the priming bay. By his immediate response to the dangerous situation Sgt. Hutchinson saved two soldiers from possible severe injury or death. Sgt. Hutchinson, who was also awarded the Queen's Commendation for Brave Conduct for his actions is stationed at Sarcee Barracks in Calgary.

(CFP)

* * *
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- 24 — Retirement Dinner (N) 1900 Hrs
- 31 — TGIF at both facilities

JUN 68

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YOUR TEETH CAN LAST A LIFETIME

Next time you get a cavity in a tooth, you can blame it on yourself — maybe, too, on a dentist who isn't up to date. So-called caries — the rotting away of teeth — is, or should be, old hat, largely outdated.

Who says so?

Topnotch dentists — still, relatively only a handful but now beginning to multiply — who are going all-out for preventative instead of just fix-it dentistry. The big news is that decay almost can be made the exception instead of the rule. And not just in kids; in adults, too.

With a simple program, Annapolis midshipmen now are close to being impervious to decay. Where the average young adult can expect to have two new cavities a year, middies now can expect at most one in 10 years.

What causes decay? Ever use an acid to etch away at a piece of metal? That, in a nutshell, is what goes on in your mouth and sets up decay.

Always in the mouth are bacteria — a considerable variety. The bugs feed on food particles. A result of their feeding is acid production.

Acid eats away at the tooth enamel. It's the toughest substance in the body, but it's not acid-resistant. Eventually the acid penetrates. It may make so tiny a hole you'd never suspect it's there. But it can be enough to let acid start working on the softer, bone-like dentin under the enamel, and then on the pulp, the living part of the tooth where nerves and blood vessels are.

Once the decay process reaches the pulp, it goes without saying that you'll stand a good chance of losing the tooth.

Contrary to what you may have heard, a decayed tooth isn't necessarily a local affair. "Dental diseases are directly responsible," says Dr. Joseph C. Muhler of Indiana University Dental School, "for general poor health, affecting patients of all ages."

Nobody knows how many ailments are triggered, or contributed to, by dental disease. Among those particularly suspect are rheumatic disorders, gastrointestinal and kidney diseases, skin diseases, and bacterial endocarditis (a heart infection).

Recent developments in dentistry are especially welcome, for the American mouth is a disaster area. More than 20 million Americans have lost all their teeth; 90 million have 18 or more missing, decayed, or filled teeth. By age 35, one of every five people needs dentures; by 55, one of every two. Two-thirds of youngsters below age five have decay-

ing teeth; by the teens, five of every six.

Modern dentistry, mechanically advanced and capable of fine fix-it work, had to wait a long time for a clue to any practical means of stopping tooth decay before it could get started.

The fluoride breakthrough. The first clue — although nothing was done about it — was turned up in 1900. An American physician, a Dr. Edgar, serving in Italy as an examiner of immigrants to this country, observed that many coming from an area in Naples had brown-stained but healthy teeth. Twenty years later a Colorado Springs dentist found the same condition in his patients.

Finally, in 1938, other investigators connected healthy discolored teeth with drinking water containing fluoride.

It turned out that fluoride taken into the body regularly during childhood could do something remarkable. It could be laid down, while teeth were being formed, so it combined with the enamel and made it more acid-resistant, therefore more decay-resistant. In controlled amounts it would not cause discoloration, and cavities would be reduced — at least for children — by 50 to 65 per cent.

The next discovery came about 20 years ago: Fluoride could be applied directly to the enamel. If a dentist painted on four coats of a two per cent sodium-fluoride solution once every three years, tooth decay would be reduced 25 to 40 per cent — but only in children up to 15. It didn't work for adults.

The search was then on for new compounds that might be better than sodium fluoride. It led to stannous fluoride, a combination of tin and fluoride. One application of stannous fluoride a year proved to be as much as 38 per cent more effective than four of sodium fluoride. It turned out, too, that stannous fluoride could work for adults as well as children.

Meanwhile, Indiana University investigators were at work on a project to develop a toothpaste that might help combat decay. This was no new idea. A material called chlorophyll had been added to some dentrifices with the idea that chlorophyll not only would improve breath but also reduce bacterial growth. Dentrifices containing ammonia compounds that hopefully cut acid formation had been developed. Dentrifices containing antibiotics had been tried with inconclusive results; they had to be withdrawn when it was found that people became sensitized to the antibiotics which

then could not be used in a medical emergency.

The Indiana investigators finally found a way to incorporate stannous fluoride into a toothpaste so its value wouldn't be lost. Methods had to be found to keep the compound from deteriorating in a tube. Also, toothpastes usually contain abrasive agents to help remove food and other stain from teeth and, because conventional abrasives inactivated stannous fluoride, a new one — calcium pyrophosphate — had to be found.

The rest is history. Approved by the American Dental Association's Council on Dental Therapeutics, stannous fluoride toothpastes swept the country.

Combined, fluoride techniques can reduce decay by as much as 90 per cent. But that's only part of the story.

The triple approach. The Armed Forces have a triple approach — it uses stannous fluoride in a polishing paste as well as in a solution and a dentrifice. And it works like this:

First, teeth are polished with a new pumice mixture that contains 17 per cent stannous fluoride. Most civilian dentists have customarily finished up a prophylaxis, or scaling of the teeth, with a polishing for cosmetic purposes. The pumice mixture also makes for a 'nice smile' but it goes a step beyond that: It burnishes fluoride into the tooth enamel.

Immediately afterward, a 10 per cent stannous fluoride solution is painted on the teeth — a 15-second procedure.

The first two steps start the serviceman off — and the third step is simply the daily use of a fluoridated toothpaste.

Says Admiral Frank M. Kyes, chief of the Navy's dental division: "Use of these fluoride applications has virtually stopped decay at the U.S. Naval Academy." And elsewhere in the Navy, too — at the New London, Conn. base, for example — the triple fluoride method has cut decay by 86 per cent.

More to be done. In effect, fluoride treatments armor-plate the teeth. Still, they fall short of 100 per cent protection. But there are other weapons on the way.

Among the vast quantities of bacteria in the mouth are some — the big troublemakers — that form sticky deposits on the tooth surfaces. The deposits are called plaque and are invisible. It usually takes several days for a thick clump of the germs to get a hold on a tooth surface. And they usually latch on in sheltered areas between the teeth, near the gum line, and in crevices and grooves on the teeth.

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Decay is most likely to occur under plaque. The plaque keeps out the saliva which could help neutralize acids produced by the bacteria. In effect, the plaque shelters the bugs and they can do their work undisturbed.

Moreover, it's plaque that can lead to formation of tartar, a hard deposit which, once formed, can't be removed by brushing, only by a dentist or hygienist using special instruments.

And it's tartar that sets the stage for periodontal, or gum, diseases which, after 35, are the most common causes of loss of teeth.

Tartar formation can now be prevented with effective new methods of home care. Learning how to brush your teeth effectively can be remarkably simple if you use a disclosing wafer. It's a tablet containing a harmless food color, usually a bright red, that stains only clumps of germs sticking to teeth. You chew it up and swallow it. Then, able to see where the bugs are, you can learn to brush so you dislodge them. Once you've learned you don't need wafers any more except as an occasional check. Many dentists now demonstrate and distribute the wafers to their patients.

Should you use an electric toothbrush? Some dentists believe an electric is superior; others think it's inherently no better than a manual. A good test might be to see, with the aid of disclosing wafers, which leaves your teeth most free of bacterial clumps.

In addition to brushing, use of dental floss is important. After brushing and flossing, an irrigating spray — the kind you attach to a bathroom faucet — is a help since it can shoot a cleansing stream of water between teeth and between gums and teeth.

Thus, today, with available techniques, it has become possible to make a deep dent in dental disease — to greatly re-

duce both decay and gum troubles. And many dentists now are beginning to work hard to educate patients in using the techniques.

Look what's coming. A vast amount of research is under way, towards finding other effective measures against dental disease.

Agents active against tooth decay may soon go into foods. Recently Dr. George K. Stookey and associates at Indiana University reported studies with 500 children who ate breakfast cereals fortified with a chemical, sodium dihydrogen phosphate. In a two-year period, the youngsters had 20 to 40 per cent fewer cavities than a control group eating untreated cereals.

Putting phosphate into chewing gum may be a help. Dr. Sidney B. Finn of the University of Alabama not long ago reported trials with 600 subjects, of whom some chewed ordinary gum, some sugarless, some gum with phosphate. After 30 months the phosphate group had 62 per cent fewer cavities than the sugar group, 25 to 44 per cent fewer than the sugarless gum chewers.

The search is on, too, to find substances that can be ground up into snack foods and fight decay. A National Institute of Dental Research study shows that when shells from peanuts and pecans or hulls from rice and oat kernels are fed to rats for short periods early in life, the animals get long-lasting protection against decay. The shells and hulls contain something that seems to suppress bacteria needed for decay. Now the effort is to isolate the factor or factors.

Scientists at the Institute are also studying the possible value of applying fluoride to the gums. Animal studies have indicated that the chemical makes tooth-supporting bone more resistant to destruction associated with advanced stages of gum disease.

Sealing out decay. In experimental work, dental researchers (Continued on Page 11)

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Your Teeth Can Last A Lifetime

(Continued from Page 10)

in Rochester, N.Y., have found that coating the biting surfaces of teeth with a plastic adhesive twice a year produces an 86 per cent reduction in decay. They worked with 301 children, five to 17 years old.

Currently, in at least 10 laboratories in the U.S. and Sweden scientists are trying to develop a vaccine to immunize against decay-causing bacteria. It's not immediately around the corner, but some encouraging results have been reported from Notre Dame University, where rats have been immunized against one type of cavity-causing organism.

And right now, too, Dr. Irving Glickman of Tufts University re-

ports, many companies are racing to develop compounds that could prevent plaque formation, destroy it after formation, or prevent it from sticking to the teeth. Such compounds — in mouthwash or other form — may be on the market within two years, according to Dr. Glickman.

It seems almost certain that out of all the hot research now under way will come effective new preventative techniques for the future. But those already available — fluoride applications in the dental office and better every day home-care procedures — can do much to put a damper on dental disease right now. They stack the odds heavily in favor of your having smaller dental bills and being able to sink your own good natural teeth into steaks and corn-on-the-cob for the rest of your life.



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5	7:15 am	NR	7:55 am	G	6
			8:25 am	G	
7	9:00 am	H	9:25 am	G	8
9	10:00 am	H	10:30 am	G	10
11	12:15 pm	G	12:50 pm	G	12
13	1:30 pm	G	2:05 pm	G	14
15	3:45 pm	G	4:25 pm	NR	16N
17	5:10 pm	G	5:50 pm	R	18
19	5:30 pm	G	6:05 pm	H	20
21	6:30 pm	G	7:05 pm	G	22
23*	*8:00 pm	G	*8:30 pm	H	24*
25	9:40 pm	R	10:15 pm	G	26
27	11:00 pm	R	11:30 pm	H	28

SATURDAY ONLY

1	7:30 am	R	8:10 am	G	2
3	9:00 am	H	9:25 am	G	4
5	10:00 am	H	10:30 am	G	6
7	12:15 pm	G	12:50 pm	G	8
9	1:30 pm	G	2:04 pm	G	10
11	4:30 pm	G	1:10 pm	R	12
13	5:45 pm	G	6:20 pm	R	14
15	6:55 pm	G	7:30 pm	G	16
17	9:40 pm	R	10:15 pm	G	18
19	11:00 pm	R	11:30 pm	H	20

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fields throughout the world.

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(CFP)

Eleven lives were lost between the first attempt in 1921 to scale Mount Everest and Sir Edmund Hillary's successful climb in 1953.

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Dambuster Bust-Up

They're looking for airmen and airwomen of the 617 (Dambusters) Squadron of 1943-45 fame. The 25th anniversary of 617's first spectacular operation will be observed in London with a reunion dinner Saturday, May 18, and on the Sunday, a service in the RAF Church of St. Clement Danes followed by a reception at the Waldorf for all 617 wartime personnel. Former squadron members from Australia, Canada and New Zealand are attending. Ex S/L Tony Iveson at 5 Carlos Place, London W.1, is handling queries. (CFP).

An out-of-business sign seen in the window of a shuttered bookstore: "Words Failed Us."

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- | | |
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| 2 (F) SECRET SEVEN — Tony Russel, Helga Line | 21 (A) EL GRECO — Mel Ferrar |
| 3 (F) SPIN OUT — Elvis Presley, Shelley Fabares | 22 & |
| 4 (A) SAVAGE PAMPAS & FEATURE (DB) — Robert Taylor, Tye Hardin | 23 (F) POPPY ALSO A FLOWER — Yul Bryner |
| 5 (RA) THE UNFORGIVEN — Burt Lancaster, Audrey Hepburn | 24 (A) SHE WALKS BY NIGHT & MATING URGE (DB) |
| 6 & | 25 (F) MAYA — Jey Norris, Clint Walker |
| 7 (F) LILIES OF THE FIELD — Sidney Poitier, Lilia Skala | 26 & |
| 8 (RA) THE HILL — Harry Andrews, Sean Connery | 27 (F) GLASS BOTTOM BOAT — Doris Day, Rod Taylor |
| 9 (A) VENETIAN AFFAIR — Robert Vaughan, Elke Sommers | 28 (RA) THE IDOL — Jennifer Jones, Michael Parks |
| 10 (A) HOT CAR GIRL & GO GO MANIA (DB) — June Kennedy Beatles & Animals | 29 (F) THE LITTLE NUNS — Sylvia Koscina, Katherine Spaak |
| 11 (F) FURTHER PERILS OF LAUREL & HARDY PLUS FEATURE (DB) | 30 (A) TRAP A SPY — David McGallum, Robert Vaughn |
| 12 (F) ROBBERY — Stanley Baker, James Booth | 31 (A) BLOODY PIT OF HORROR & HONEYMOON OF HORROR |
| 13 (A) LADY "L" — Sophia Loren, Paul Newman | |
| 14 & | |
| 15 (F) McLINTOCK — John Wayne, Maureen O'Hara | |
| 16 (F) I DEAL IN DANGER — Robert Goulet, Christine Carrier | |
| 17 (F) SUMMER HOLIDAY — Cliff Richards and The Shadows | |
| 18 (A) REQUIEM FOR GUNFIGHTER — Rod Camerond, Stephen McNally | |
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SUPERVISOR TRAINEE

Sgt. Harold Ferguson, 35, who resides with his wife Elizabeth and two children at 17 Birch Cres., Lancaster Park, Alta., leads his class through complex drill exercises during a six-week Senior Supervisor Training Course at Canadian Forces Base Borden, Ont. He is one course at the nation's largest military training centre where more than 200 trades and career courses are taught. Among the subjects he studies and practises to make him capable of becoming a Senior Supervisor are public speaking, communication of ideas, military writing, management technique, leadership and general military knowledge.



HE DOOD IT AGAIN!

Only 15 minutes after photo was taken, the Robin Hood of CFB Greenwood, Cpl. Mike Skipton, again split one arrow with another. Reason for rueful smile is that Mike was using new \$2.00 arrows. He is chairman of the Greenwood archery club, which has recently enjoyed a spurt in its popularity. Membership is now largest in Nova Scotia. (CFP)

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GRIESBACH THRIFT SHOP

It would be appreciated if all customers who have winter clothing, skates, etc. in the Shop would pick up as soon as possible items which they wish to keep, as all winter stock, and that which has been in the Shop for more than six months, will shortly be cleared out.

The Cub and Scout Mothers Auxiliary held elections recently and the President is Mrs. Rhea Charland and Sec-Treas. is Mrs. Ross Jenkins.

Rhea Charland — 476-8928
Mrs. Jenkins — 476-6830

WE'LL ADVISE YOU IN DUE COURSE — If we figure it out we will let you know.

TO GIVE SOMEONE THE PICTURE — A long confused and inaccurate statement to a newcomer.

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Girl Guides of Canada

Dear Parents.

RE: CAMP
BROWNIES, GUIDES, RANGERS

As you know camping is one of the main features of being a Girl Guide. The ability to camp and be self sufficient is the aim of the Guide programme.

Our camps this year are designed to give every Guide & Ranger a chance to live under canvas. The length and duration of camp will depend on the individual need of the girl. The Guide camp will be held from June 28 to July 8, 1968. The Brownie Camp will be held July 13 to 15.

Our experienced Guides (camped at Guide Camps before) will be at camp for a period of 10 days, this is necessary for them to be tested on their Pioneer and Camper Badges. The rest of the Companies will camp in periods of 3 days. The cost of the camp is kept to a minimum, with the best of menus planned to keep the girls

full and happy. The 10 day camp will cost \$10.00 and the 3 day camp \$3.00

The campsite is approved by Girl Guide Area Office and is fully equipped with tents, equipment and wooden structures for emergencies. There are chapel facilities on the campsite. The Sandy Lake campsite is an half hour drive from the Base via Morinville.

Visiting day to the campsite will be Wednesday July 3rd. You are asked not to visit the campsite at any other time.

The camp staff is made up of experienced Guide Leaders; a quartermaster, a First Aider, a qualified lifeguard and an experienced Camper, the Doctor from Morinville is on call.

We have had one very successful Winter Camp so far this year and we are planning to have a Pioneer camp in May. If you cannot send your Guide to camp in July please contact her Guide Leader for the May Camp.

A meeting of the Parents will be held the first week in June, please plan on coming. If you have any questions please call Mrs. Thomas — 3087.

Yours in Guiding,
Mrs. J. D. Thomas
District Commissioner
Girl Guides of Lancaster Park

FIRST GRIESBACH GUIDE COMPANY

District Commissioner, Mrs. Muriel Webb, enrolled the following girls into the Guiding movement on March 26:

Margaret Wigmore
Patricia Whitehead

The Guide Pin of Patricia Whitehead has a long history of Guiding behind it as it was originally her Grandmothers. Brown Owl Mrs. Eunice Trupp presented Patricia with her Brownie Wings. Congratulations to both girls.

April 9th we had twelve Brownies visiting our guide meeting.

Badges Earned:

Child Care:
Jo-Anne Cooke
Cindy Rogers
Karen Arnott

Cook:
Cindy Rogers
Jo-Anne Cooke
First Aid:
Dorothy Wigmore
Paula Hodgins
Karen Arnott

Jo-Anne Cooke
Debby Walushka
Heather Harnett
Second Year Star:
Debby Walushka

THIRD GRIESBACH GUIDE COMPANY

Our girls have been busy this past month. They thoroughly enjoyed an outdoor meeting on March 25 at which the main event was a water boiling contest between Patrols. Each Patrol was supplied with firewood, water and a large can. Swallow Patrol won the contest being the first to have their water boiling. Holly Patrol was a close second. The girls then cooked their suppers and ate them around their campfire.

Several of the girls have been of help to the community. Toni Leveque, Nora Aulenbach, Debbie McConnell and Kim Mills sold daffodils at Safeways for the Cancer Fund. Valerie Green, Gail Shettler, Peggy Huff and Debbie McConnel served at the Army Cadet Father & Son Banquet.

On April 2nd the girls were treated to a slide show of the Holy Land by Mr. Ed McDow. On April 9 the Easter Egg decorating contest was won by Toni Leveque, Valerie Green, Nora and Gail Aulenbach.

Badges Earned:

Jr. Religion & Life:
Nora Aulenbach

Beth Cluney
Susan Rose
Janet Henderson
Nancy Rose

Home Nurse:
Kim Mills
Sheila Collett
Nancy Rose
Nora Aulenbach

Child Care:
Cathy Adsit
Beth Cluney
Nancy Burnett
Terry Moore
Carolyn White

Keep Fit:
Gail Shettler
Peggy Huff

Athlete:
Karen McDow

Swimmer:
Nancy Rose

Basketmaker:
Gail Shettler

THIRD GRIESBACH BROWNIE PACK

This month has been an Eventful one for Third Pack. We had our Easter Party on the 10th of April, each Brownie received a chocolate egg decorated with her own name.

On 17th April we held an enrolment for Tweenies Patty Benny and Marlene Souillier.

Badges Earned:

Book Lover:
S. Schley
Y. Edmiston
J. Cox
B. Snow

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M. Casey
M. Wilson

Collector:

Y. Edmiston
H. Dureen
M. Wilson
A. Foote
C. Casey

House Orderly:

R. Lyons
S. Schley
B. Snow
B. Hare
J. Barr
H. Dureen

Thrift:

E. Foote
A. Foote

Writer:

T. Hare

Art Appreciation:

E. Foote
B. Humen

Cyclist:

W. McAdam

Second Year Stars:

S. Thuillier
Evelyn Wigmore
Elena Foote
First Year Star:
Donna McKeracher

Golden Bar:

Y. Edmiston
S. Schley
H. Dureen
L. Zeggil
J. Cox
B. Hare
M. Wilson
R. Lyons
T. Hare

Bonnie Hare was made a
Sixer of the Pixies.

Heidi Dureen was made Sec-
ondar of the Gnomes.

FOURTH GRIESBACH PACK

The Brownies were very sorry
to say goodbye to Mrs. Turner.
They presented her with a gift
of a china "Brown Owl" and a
Brownie Spoon.

On April 4th being our last
meeting before the Easter holi-
days the girls made Easter hats.
Might add they all did a real
good job.

Badges Earned

Writer —
Ellen Shettler,
Bonnie Moore,
Brenda Eby.
Collectors —
Ellen Shettler,
Lisa Henderson.
Needlework —

Heather McDow.
Book Lover —
Linda Northwood.
Toy Makers —
Ellen Shettler,
Swimmer —
Heather McDow.
Golden Bars presented —
Karen McLean,
Cheryl Ellis,
Wanda Ellis,
Zoanne Sather,
Jannine Huard.
Seconders Stripe —
Brenda Prouty.
First Year Stars —
Diane Mulvaney,
Brenda Prouty.
Second Year Star —
Tracy Wyman.

FIFTH GRIESBACH BROWNIE PACK

Badges Earned

Golden Bar —
Lisa Sorenson.
Artist —
Debbie Matthews,
Beverly Hall.
Book Lover —
Patty Turner,
Beverly Hall.
Collectors —
Patty Turner.
House Orderly —
Laurie Rogers.
Swimmers —
Kathleen Griesbach.
Toymaker —

Corinne Cooke.
Sixers Appointed —
Beverly Hall was appointed
Sixer of the Kelpies.

"RANGERS IN FORMATION"

1st Namao Flight was invited
by the 5th Edmonton Land
Rangers to a modelling demon-
stration at the Vogue Modelling
School. The evening was very
enjoyable.

April 6th our flight was on
hand at the Safeway Store at
97th & 127th to assist with
Daffodil Day.

April 16th was the Junior
Arts Festival at the Jubilee
Auditorium and our Rangers
were called upon to act as
ushers.

Two of our Rangers, Carolyn

Burford and Elaine Kelly are
taking a course in Senior First
Aid.

Our monthly meeting was
held on April 4th. All, but the
two girls taking first aid, were
present for this meeting. After
the meeting the girls enjoyed a
game of bowling. Our final
meeting for this season will take
place Thursday, May 2, at 7
p.m. We will be taking a dip in
the pool afterwards.

Hi Folks. Welcome to Lan-
caster Park! Rangers Joan Riess
and Carolyn Burford welcomed
Cpl & Mrs. G. Hancsicsak of
46 - 14th St. to the community
also welcomed were Cpl. and
Mrs. D. V. Hunneman, of 17 —
12th St. by Rangers Debbie
Lamoureux, and Susan Clarke.

There's a story going the
rounds about a new baby who
was born grinning from ear to
ear and wouldn't stop smiling.
Finally, the doctor, who had
never seen anything like this
before, called in some of his col-
leagues to have a look. One of
them noticed that the baby had
his right hand clutched into a
fist, so he reached down and
opened it. Inside the hand was
... The Pill.

THE ISSUE IS CLOSED — I'm
tired of the whole thing.

Dr. C. J. Edwardh

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Sport Page

by MWO Ray McHugh



The curling season officially came to a close on the evening of April 10th when the Annual Meeting and the presentation of prizes took place. And so, the curtain was rung down on another very successful season of curling in Griesbach. The Griesbach Curling Club wishes to thank all its members for the wonderful co-operation it received during the season from one and all. The executive are to be commended for all their hard work and the success of this year's operation is a direct result of their labours.

Well, the Griesbach Annual Invitational Bonspiel was held 28-31 March 68 with teams from Saskatchewan, Alberta and British Columbia competing. The competition proved to be first class and the winners of the various events proved to be class rinks in every respect. The Kay Luna rink from Medicine Hat were the winners of "A" Event and walked off with the top prizes. Kay and his rink have been knocking at the door for the past three or four years, and this year he would not be denied. Kay had the satisfaction of beating the teams that have been responsible for he and his rink being also-rans in previous years. However, this year the boys were up for it and won it all.

The rink skipped by Ken McKerracher gave him a fight right down to the final rock of the game, before conceding. Ken failed to make a take-out and stay, as he needed one to tie and force an extra end. He made the take-out but rolled out himself and the match was over. When two real good teams meet, a break one way or the other decides the result, and in this case it went to Kay and his rink. Let's not take anything away from the Luna rink, they were full value for their win and were most deserving. They proved to be true sportsmen and gained the admiration and respect of one and all. Kay says he will definitely be back again next year.

He and his boys work for the Defence Research Establishment in Suffield. Other members of the Luna rink were Ron Bengjson who was the vice-skip, Jerry Stecyk (second), and Marv Heap

who threw the front end stones.

The "B" Event honours went to a rink from Cdn Forces Base Dana, Sask., and skipped by Al Moroz. Al had John Roy as his third, Gary Armitage at second, and Paul Bourassa at lead. A fine rink and full value for their win.

The "C" Event winners were skipped by Hugh Tamblyn, Niel Black at third, Rick Powell threw second rocks and Andy Davis was at the front end.

The "D" Event went to a rink from Cdn Forces Base Comox and skipped by Chuck Perry. Chuck had Bob Carscadden at third, Terry Bloom was at second, and Lorne Scott was the lead. All in all the winner of each event is a worthy champion.

And so the finale, The Griesbach Invitational is over for another year. The comments which were overheard would seem to indicate that all will be back again next year. An expression of gratitude must go to the Rink Manager, Mr. H. Lucas. Year in and year out since taking over at Griesbach this guy has been great. The comments heard from everyone indicated beyond a shadow of a doubt that the Griesbach Curling Club is one of the finest for a rink of its size anywhere in Western Canada. The lighting facilities, the excellence of the ice during the season and the general cleanliness of the club makes for a real fine club. That together with his willingness to help and co-operate at all times under any circumstances makes for an ideal rink manager. So all the best of luck "Luc" during the summer months and when you get through with the "Ponies" on the Western Canada Thoroughbred Circuit hope you will be back to lead us through another Curling season.

REPORT ON TEEN CURLING

by Al Deans

The Teen Curlers commenced league play on Wednesday 1st Nov 67 and Friday 3rd Nov 67 at 1630 hrs and each Wednesday and Friday thereafter to the 23rd Feb 68.

A Bonspiel was sponsored by the Teen curlers on the 28th and 29th Dec 67. This event was listed as the Christmas Bonspiel. Six rinks from Griesbach and eight rinks from Namao participated. Winners of "A" Event received \$20.00 per team. Runner up in "A" Event received \$16.00. Winner of "B" Event received \$12.00, and the Runner up in this event received \$8.00.

Another Bonspiel was held at Namao on the 2nd and 3rd Feb 68. A Close out Bonspiel for all teen rinks commencing 1st Mar and completed on 22 Mar 68. Trophies and prizes were awarded as follows: Griesbach Ladies' Curling Club Trophy for the winners of league play was won by a team skipped by Paul Deans; Jane White, third; Dan Bell, second; and Kirk Hutchinson at lead. Miniatures were donated by the Maple Leaf Services for the winners of "B" Section of league play. Bob Edmonds was the winning skip in this event, with Pat Smith at third, Evelyn La Roche was the second and Roma Laveque threw the lead stones.

The "A" Event of the final bonspiel was won by a team skipped by Mike Hurst, Terry Lewis was the very talented third, Betty Wuychuk was the second, Dan "McGrue" White led the way out on the ice. This team was awarded the trophy donated by Northwestern Utilities Ltd.

The winner of the "B" Event of the final bonspiel won the Griesbach Community Council Trophy. This power house was skipped by Don Olson, Ian Swanson was the hinge on the third end, Judy Payne threw a mean rock as second, and Tom Swanson was the lead.

Club pins donated to the curlers by the Griesbach Curling Club for the runner-up of the "A" and "B" Events of the Final Bonspiel were awarded as follows: runner-up "A" Event, skip Barry McHugh, Joyce Hall was third, Pierette Labrie was the second and Guy Levy was the effective lead. "B" Event runners-up were skipped by Janice McMillan, Jim Yonker was the third, Ken Chiason was the second and Bruce Weber was the lead.

Teen curling must be considered a success. Of the 48 curlers 24 were beginners. Therefore 24 experienced curlers were given the opportunity to improve their curling and for the remaining 24 they were introduced to a great new game to them.

In the Ladies' Wednesday Night League, Jan Dales was the winner. Jan and her girls won the three round robins that were held and were the real class of the Wednesday Night girls. Jan was the skip, Smiling Billy Hight was the vice, Mary Hayden was the effective second and lovely Jeannine Kulka was the front end. Congratulations girls for your very fine effort.

Barb Reed's rink were the runners-up. We won't mention the name of the lady who had an eight-ender only to miss with her last shot. Those razor blades got to her down in the hack and she blew her chance for immortality.

The CE Annual Bonspiel for the CE West Trophy was held at

the Namao Curling Rink Friday 5 April. All games were six end games, total points to win. Two points were awarded for each end won, 10 points for a winning game. The Phil MacMillan rink emerged as winners defeating the John Edwards rink by a score of 9-2. They won 5 ends plus the game, giving them 20 points. Phil had Paul Casgrain at third, Bob McConachy at second, and Clayton Thorpe at lead.

HOCKEY

The Griesbach Bruins won the Base Edmonton Hockey League Championship when they downed the PPCLI Red Wings in the finals, three games to none. The Bruins were just a little too good for the others, although they were extended in their semi-final series with the 7 Supply Depot Thunderballs winning two games to one. The Bruins ended the season in first place in the final league standings. Trophy presentations took place in the Junior Ranks Club (Namao) on Thursday, April 4th. Cpl. Holm, Bruin team captain, received the trophy on behalf of his team mates, emblematic as league champions. The awards were made by L-Col. Lee. Others receiving awards were Sub/Lt. A. Call who was the league's high scorer. MWO Mason of the Bruins was awarded the trophy as the league's most valuable player combined with a high degree of sportsmanship. Capt. O'Grady received the award as the league's most outstanding goal tender. Each member of the winning team was awarded individual trophies. Leading scorers in the finals were as follows: Mason of the Bruins, 8 goals and 6 assists; Praskey of the Bruins 5 goals and 8 assists; Joyal of the Red Wings, 8 goals and 4 assists; Dougall of the

Combines, 4 goals and 6 assists; Watt of the Combines, 7 goals and 3 assists. Congratulations, Griesbach Bruins!

GRIESBACH MINOR LEAGUE HOCKEY

Gus Thuillier led his Bantam "B" team to the finals of Zone 2 play-offs only to lose out in the finals. In the semi-final series Gus and his Bantam "Bs" defeated the Parkdale Bantams in straight games only to be eliminated in the Zone finals. They played well but were not quite as sharp as they had been in the semi-final series. Erratic shooting and inability to finish off their plays in the opponents' end led to their downfall. Many of the experts had the Griesbach team pegged to go all the way to the city finals. The team was well coached and had the talent and with a little luck just might have done it. The kids gave it their all and the Griesbach parents can be well proud of the splendid showing made by the kids.

Well lads, maybe next year. **They're Off and Running**

Well it won't be long before the words of the famous Clem McCarthy will be heard again. "They're off and running," "They're in the starting gate," real music to the Thoroughbred racing enthusiast. A wonderful season is planned and we will be able to enjoy 108 days of racing in sunny Alberta and Saskatchewan. Fearless Freddie will be with us again this year with his daily selections. Remember old Fred gave us 58 winners last year! For those who may be interested, the following is the schedule for the coming season:

Calgary — Friday, May 10 to Tuesday, June 4 — 22 days;

Edmonton — Friday, June 7 to Tuesday, July 2 — 22 days; Calgary — Thursday, July 4 to

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Edmonton — Monday, July 15
to Saturday, July 27, 12 days;
Regina — Monday, July 29
to Saturday, August 3 — 6 days;
Saskatoon — Monday, August
5 to Wednesday, August 14 —
9 days;
Edmonton — Saturday, August
17 to Saturday, August 31 —
13 days;
Calgary — Monday, September
2 to Wednesday, September 18
— 15 days.

One will be able to get his
daily selections at the same old
place and same old time, so see
you fellas! Gee, I hope I don't
lose my pass this year!

LADIES' CURLING NEWS

The Griesbach Ladies' Curling
Club held their wind-up party
and election of new officers on
Wednesday night, April 3. The
new committee members for
1968-69 are:

President — Iola Christenson,
476-8492;
Vice President — Joice Smith,
479-7646;
Secretary — Betty McFarlan,
476-6977;
Treasurer — Ev Bilby,
476-7165;
Draw Committee — Esther Mac-
Williams (chairman),
799-3197,
Lil Baine, 799-3236;
Social Committee — Helen
Dagert, 476-9865,
Yvonne Robertson,
476-7994,
Michel Lefevre 476-8318;
Prize Committee — Ethel
Stewart, 476-6619,
Meda Merriam, 476-7580,
Mary Hayden, 476-6176;
Publicity — Elaine Krepps,
479-6015.

An organizational meeting will
be held in early October for the
forthcoming season. Watch for
further announcements.

LANCASTER PARK LADIES' CURLING CLUB

Well, the curling season is
over and I think it was one of
the best years ever. We finished

off with a Club Bonspiel and a
dinner served at the club. Some
of the ladies got together and
put on some really funny skits.
I'm sure everyone thoroughly en-
joyed themselves.

Prizes were presented to the
winners of the Vice-Skips Spiel,
the Year's Total Points Winners,
and the Wind-up Spiel.

Vice-Skips Spiel Winners

First — Jay McBurney, skip;
Lil Cottrell, third; Mary Cook,
second; Arlene Crozier, lead.

Second and Third (tied) —
Norma Crozier, skip; Vera Mat-
toon, third; Sharon Davies, se-
cond; Nettie Meering, lead.

Eileen Hall, skip; Marge Frie-
del, third; Jane Tasse, second;
Anne Titus, lead. —

Year's Total Points Winners

First — Dorothy Pack, skip;
Anne Douglas, third; Flo Aver,
second; Connie Hat, lead.

Second — Alice McLay, skip;
Ruby Schneider, third; Mae Cro-
zier, second; Mary Bol, lead.

Third and Fourth (tied) —
Joyce Fraser, skip; Olga Carru-
thers, third; Helen Mountain, se-
cond; Marie Crofton, lead.

Arlene Crozier, skip; Jay Mc-
Burney, third; Lil Cottrell, se-
cond; Mary Cook, lead.

Windup Spiel Winners

First—Ann Titus, skip; Eileen
Hall, third; Marg Freidel, second;
Jane Tasse, lead.

Runner-up — Betty Samis,
skip; Kathleen Dobbin, third;
Ann Rose, second; Marion Mc-
Garva, lead.

Second — Babe Davis, skip;
Beth Harrison, third; Helen Oly-
nyk, second; Linda Milligan,
lead.

Runner-up — Laura Potter,
skip; Margorie Hrychuck, third;
Mae Strawson, second; Bernie
Barnes, lead.

Third — Joyce Fraser, skip;
Olga Carruthers, third; Helen
Mountain, second; Lorrain Cold-
well, lead.

Runner-up — Dorothy Pack,
skip; Anne Douglas, third; Flo
Aver, second; Connie Hat, lead.

COMM STATIC

Well another month gone by;
and as I have been informed that
Telecom is no longer a valid
title, I've had to change the
name of this column to Commu-
nications Static. It just doesn't
seem to have quite the right ring
to it, but like all things it just
takes getting used to.

The Radio side of Base Comm
made a few inter-section changes:
Cpl Kelly and Pte Holmes to the
TX site! Cpl Stonehouse to De-
ployable Comm; Cpls Goodkey
and Wasalasko interchanged jobs
between the FM shop and RC-
EME and Ptes Levesque and
Skinner have moved to Tower
Comm.

We have no new personnel in
the section this month but we
do have news of a MWO Meisner
Rdr tech and a Cpl Brown Rad
tech transferred in later this
summer.

The Nav Aids section finally
got rid of the Deplorable Tacan
and the MRP are just about fi-
nished the installation of our per-
manent GRN 502.

The retirement party for Mike
Jeremy on 14 March was attend-
ed by just about everyone in
the section and I THINK we all
had a good time.

The Base Comm physical fit-
ness program has been in effect
for approximately eight weeks
now and as usual it's the same
ones that turn out each day. I
know for a fact that it's not
because the rest can't get off
from work. We all have a chance
to improve ourselves without any
loss in personal time off. "SO
LET'S TAKE ADVANTAGE OF
IT." This program is meant for
everyone, not just the privates
and corporals; in fact the rest
of us probably need it a lot more
than they do.

So much for this month, and
once more let's see a few more
bodies out on the Rec Hall cir-
cuit.

THE EAR

THE BASE LAND MAINTENANCE REPORT

by Sgt E. W. Lewis

Many months have passed
since the ardent readers of this
news media have had the plea-
sure of reading this column.

I now feel that I've got some
worthwhile news for you, some
of it may be old, but I think
most of it will be new and of
interest to all.

First of all early in March
RCEME personnel and others
employed by the same jourined
to Camp Wainwright to partici-
pate in the 7 Annual RCEME
Curling Bonspiel. This spiel was
ably handled by MWO Wild and
staff from the Wainwright work-
shop, and I on behalf of all Base

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"Summary of Military Service Benefits" is offered to all; no
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of the Military Pension Act, etc. It's yours for the asking.

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Edmonton curlers who participat-
ed would like to say "thanks Ted
for a hard job, well done". As
usual at this type of a Bonspiel
many of the prizes were won by
teams from Calgary and Wain-
wright, however, Edmonton did
manage to bring back a few.

A further note on curling. I
would like to congratulate all
the workshop curlers who won
prizes and events in our local
recreational curling and Wed-
nesday night league.

Congratulations are in order
to Cpl "Wayne" Boles who
passed his Group 4 assessment
and Pte "Doug" Daniels who
passed a trade test. Doug is now
a qualified Administrative Clerk
to pay field 4 level.

Pte "Cyril" Harris, who for the
past six months has been vacat-
ing sunny Cyprus has returned
and is now awaiting retirement.

Who was it that said "Old
soldiers never die, they just fade
away"? Just recently we said
good bye to Cpl "Tom" and Pte
"Buster" Keck. Tom and Buster
have come to that far off date
when one must retire. Tom told
me that he's got a job with U
of A and Buster said that he is
heading into the North Country.
Good Luck Boys, but keep in

touch.

A good bye was also in order
for a young boy by the name of
Heisler. "Pat" on completion of
his first three years decided to
go back to school. The Force
may see him again.

During April all the military
and civilian personnel of 224
Workshop moved to the Sac Site
Namas and joined forces with
their Air Force counter-partners.
The Land Maintenance Organi-
zation of "Blue and Brown" is
now under one roof and ready to
do a bigger and better job.

The finale to the above move
consisted of a Flag Lowering and
Sign Tearing Down "Cry In" at
the old 224 Workshop site on
Friday 19 Apr 68. This "Cry In"
was attended by all RCEME and
Civilian personnel previously
employed at that location.

...Until Next Time...

MISCELLANEOUS

**Attention Ladies of Griesbach
& Namas Area!**

Self improvement and personal
development classes are being
formed in Griesbach area, to
commence May 15, phone 476-
9115 for registration date.

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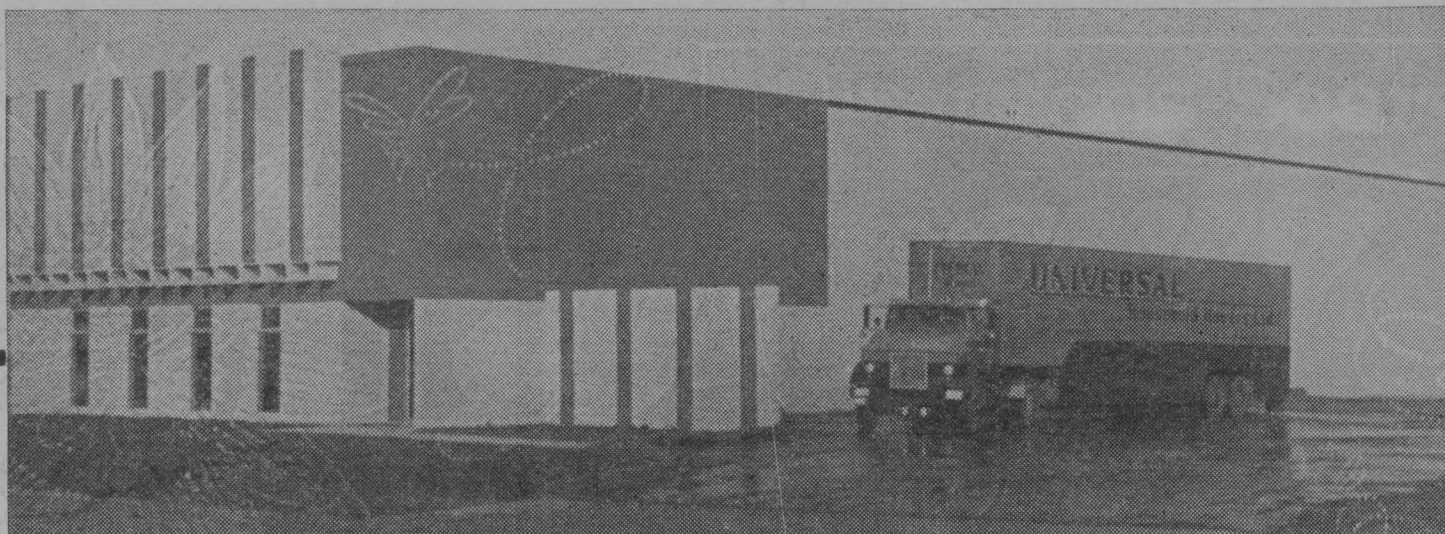
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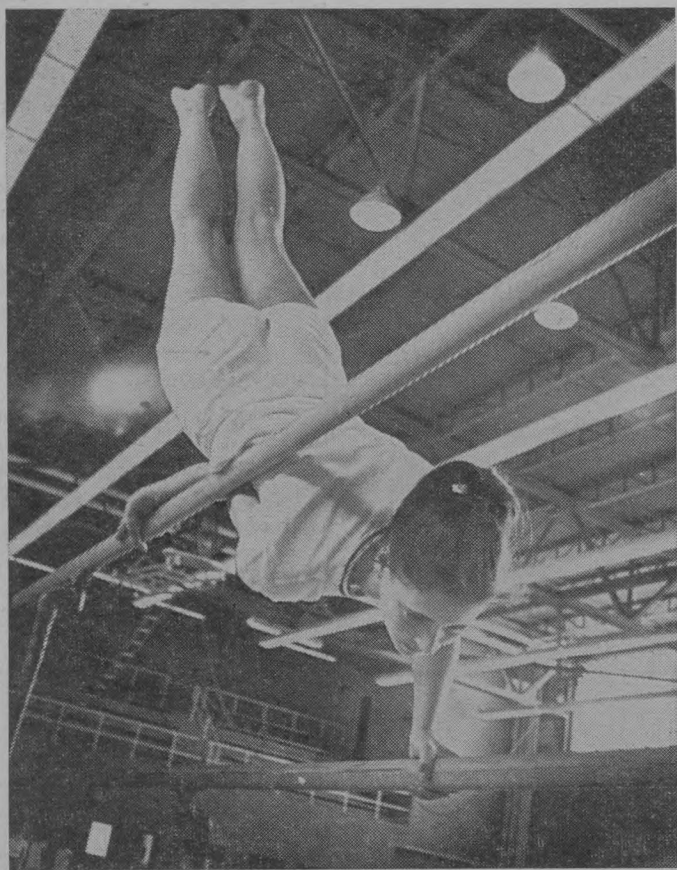
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GRACEFUL !!

Pte. Irma Klein is one of six women of the forces taking phys-ed and recreation instructor's course at CFB Borden, Ont. A Toronto Globe and Mail photographer caught her at the graceful apex of her high bar orbit. Course is the first ever set for women in the forces whose time in service varied from six months to 11 years before they began the 17-week syllabus.

MINOR HOCKEY — TICKETS

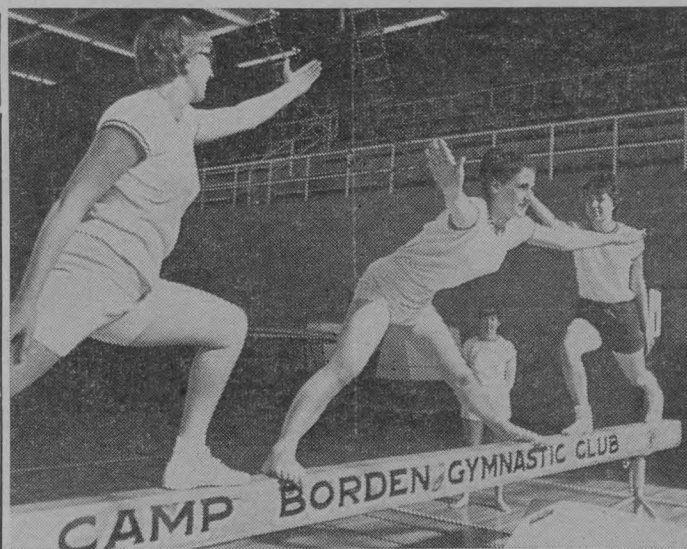
The committee requests that all stubs and money be returned to the treasurer by **Friday, 10 May.**

GRIESBACH MINOR HOCKEY ASSOCIATION

The cartoon movie party held on 23 Mar 68 was a most successful venture sponsored by the Association to raise money to buy jackets for the Minor hockey players. To all the mothers who so generously gave their time and effort to ensure the party was a success, the committee thanks you very much. A special mention of appreciation to Mr. Karpiak, who made the school available to the Association. It is this type of co-operation and spirit that will ensure success.

If you know what events will take place before they actually do, then you are psychic, according to modern psychology. Either that — or you take the threats of your finance company or creditors very seriously.

The trouble with trying to put an old head on young shoulders is that you're likely to get slapped.



BALANCING BORDEN BELLES

Beauties on balance beam at first physical education and recreation courses for women at base Borden, Ont. / Left to right are Privates Linda Clark and Irma Klein, Cpl. Judy Skavinsky and, in background, Pte. Judy Copping. Course is 17 weeks and they spend eight hours a day in the gym.

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Church News



Protestant Chapels

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Captain the Rev. K.A. Minchin, BA, LTh.

Capt. the Rev. L.T. Barclay, B.A.

ST. JOHN'S CHAPEL

Griesbach

Sunday Services:

0900 hrs. Holy Communion, (ACC)

0945 hrs. Bible Class — Conference Room

1045 hrs. Sunday School — Major General Griesbach School.

1100 hrs. Divine Service

1200 hrs. Holy Communion (Presb. — 4th Sunday)

* Holy Baptism by appointment with the Chaplain.

Organizations:

Chapel Committee —

1st Monday — 3:00 p.m. Chapel

Women's Auxiliary — 2nd & 4th Tuesday—8:00 p.m. Chapel

Choirs

Sunday School — Wednesdays

— 4:15 p.m. Chapel

Senior — Wednesdays

— 7:30 p.m. Chapel

Jr. Section of the Senior Choir

PROTESTANT CHAPEL

Lancaster Park

Sunday Services:

0930 hrs Sunday School, — Grades 1 to 8 Guthrie School

1100 hrs Sunday School — Kindergarten & Nursery School in Guthrie School

1100 hrs Divine Service

1200 hrs Holy Communion — Presb. — 1st Sunday)

1200 hrs. Holy Communion — (ACC — 4th Sunday)

Organizations:

Chapel Committee —

1st Wednesday of Month — 10:30 a.m. Chapel

Ladies' Guild —

1st Tuesday of Month — 8:00 p.m. Chapel

Youth Group —

every Sunday

— 9:30 a.m. Chapel.

Choir

Junior Choir — Tuesdays

— 4:00 p.m. Chapel

Senior Choir — Wednesdays
— 7:30 p.m. Chapel

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Major Fernand Forcier

Capt. M. Allan Stack

Masses:

Sundays — 0900 & 1100 hrs.

Weekdays — 1630 hrs.

Saturday — 1000 hrs.

Confessions:

Weekdays and Sundays — Before Masses.

Saturdays — 1600 to 1700 hrs.

Baptisms:

On Sundays; by appointment.

Marriages:

Contact Padre at least five weeks before intended date of marriage.

HOLY WEEK SERVICES

Holy Thursday:

1930 hrs — Mass and General Communion.

After Mass until 220 hrs. — Adoration of the Blessed Sacrament.

Good Friday:

1500 hrs. — Office and Communion.

1930 hrs — Solemn Way of the Cross.

Holy Saturday:

2300 hrs. — Easter Vigil followed by Midnight Mass.

N.B.—You can take Communion at Midnight Mass and also on Easter Morning.

Easter Sunday:

0900 hrs. — Low Mass.

1100 hrs — High Mass.

Confessions:

Holy Thursday—1500-1600 hrs.

Good Friday—1400-1500hrs.

Holy Saturday—1500-1600 hrs. 1900-2000 hrs.

CHURCH NEWS

The monthly meeting of the CWL was held April 9, 1968, in No. 1 School.

The C.W.L. Convention will be held in Winnipeg, Manitoba, this year. Mrs. E. Casey and Mrs. A. Couture will be attending.

Our next C.W.L. meeting shall be May 14, 1968. Before our meeting Father Focier will have a special mass at the Chapel that will commence at 8.00 o'clock sharp, all members are asked to attend this mass.

Any ladies wishing to become C.W.L. members can, do so by coming to our next meeting, and take out their memberships.

A guest speaker will be attendance.

Thank you.

Brenda Tarrant

C.W.L. Secretary

Book Review

UNFLAPPABLE MAC: DIPLOMAT IN WAR

There had to be a mighty amount of thrashing things out behind the scene in theatres like North Africa, Italy, Greece, and Yugoslavia, we are told at length in Harold Macmillan's *The Blast of War 1939-1945*. This is his second volume of autobiography. The first was *Winds of Change 1914-1939*.

The Blast of War really begins with Finland's heroic winter war with Russia, a war many young Canadians know precious little about. The author was there. Later he was with Lord Beaverbrook, the fabulous Canadian press baron who had so much to do with transforming Britain's war production.

Then Churchill sent him to Eisenhower to be Churchill's man for political affairs in the Mediterranean, traditionally a British sphere. Mr. Macmillan managed somehow to get his politicking toe in that military door and gradually became very useful to generals as well as to the man of Downing Street.

His book spells out in boxcar letters why de Gaulle has such a thing on about the Americans and partly explains his attitude towards the English too. Macmillan had de Gaulle clear up to here but his book establishes him as the champion of this "authoritarian" personage. Unflappable Mac was an endearment well earned.

The book is engaging. Macmillan writes over excerpts from a breezy diary he kept in the war. Such is the cordiality of his style that the almost incessant backing and forth from main narrative to diary isn't quite as choppy as it sounds.

Britain's former prime minister is very blunt in his appraisal of the military man of the last war undertaking diplomatic and political responsibilities. Although a great admirer of Alexander, former Canadian Governor-General and boss of his in the Med, you get the strong impression that in general he'd like to gently but firmly ease the military man out of the way so he can start the day and night task of untying the gordian knots that some people with aspirations have a genius for getting themselves into in the wake of war.

Read it and put it in your bookcase. You'll be dragging it out again soon enough to support some discussion or to reinforce a fading recollection of a shattering period in our lives.

The Blast of War 1939-1945, by Harold Macmillan, published by MacMillan of Canada, Toron-

to, 714 pages with illustrations plus appendixes, \$11.95.

(C F P)

SAILORS TAKE STORM IN STRIDE

Esquimalt, B.C. (CFP) — Sail training gives you more nautical knowhow per buck than anything else in these days of highly automated, black box navies.

Take HMCS Oriole's most recent training cruise to San Francisco, Calif. She was under sail for about 1,900 of the 2,100-mile, month-long voyage.

Only one storm was encountered which resulted in three damaged sails. There were heavy seas as well as winds between 50-60 knots. The bad weather was announced by a lighting bolt of such severity that one crew member figured the Oriole had been turned into the largest light bulb on the Pacific.

Sail damage was repaired in Coos Bay, Oregon. The Orioles won 'keys to the city of Coos Bay and North Bend. The maritime command Pacific yacht also had the honour of being used as official starter of the big race of the Peninsula Yacht Club of Monterey, Calif.

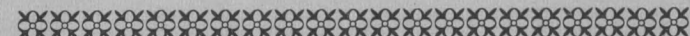


TO COMMAND HMCS OTTAWA

Ottawa Command — Cdr. Pierre Simard, son of Judge Gerard Simard of Quebec City, takes command this summer of HMCS Ottawa at Halifax. The helicopter-destroyer will have a ship's company, composed predominantly of sailors whose mother tongue is French.

(CFP)

INFORMED SOURCE — The one who told the person you just met.



GOURMET COOKING



SPAGHETTI AND MEATBALLS

1 lb. ground round beef	1 tsp. Worcestershire
3 tbsp. grated Parmesan	1 tsp. basil
2 tbsp. chopped parsley	1/4 cup chopped onion
1 clove minced garlic	1/4 cup chopped green pepper
1 tsp. salt	2 lightly beaten eggs
1 tsp. pepper	
1 cup breadcrumbs	

Mix everything in a mixing bowl, adding the eggs last. Form into balls the size of walnuts.

Flour

Roll the balls in flour.

3 oz. oil

Heat in a skillet and saute the meatballs for about 10 minutes — keep rolling the balls about the pan. Set the balls aside.

3 tbsp. oil

Heat in the skillet.

2 chopped onions	1 can tomatoes
1 minced clove garlic	1 can tomato paste
1 tsp. oregano	1 cup hot water
1 bay leaf	1 bouillon cube

Add the onions and garlic, fry until golden. Add the rest and simmer for 30 minutes.

salt and pepper

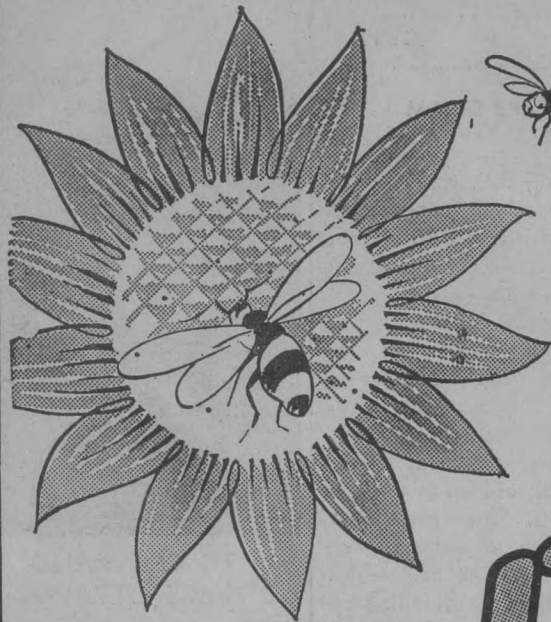
1/2 tsp. sugar

Add to taste, then add sugar. Add the meatballs and continue simmering until done. Twenty-five minutes.

8 oz. spaghetti

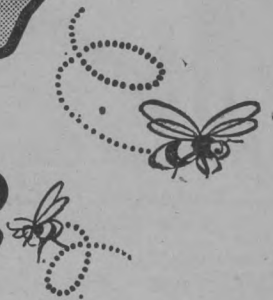
Slowly add to a pot of boiling water and cook for approximately twelve minutes.

Drain spaghetti, rinse with boiling water; drain; place on platter; pour sauce over and arrange meatballs and serve.



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Bottom row (left to right): Mark Larose, Les Mason, Gus Thuillier, Capt. Larose, Capt. O'Grady, Cpl. Field, Jack White, Joe Kitson; top row (left to right): Wayne Arnold, Mart Holms, Pat Grenier, Doug Proskey, Walford, Jack Potter, Rollie Harvey.

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USN DESIGNS OCEANOGRAPHIC SHIP

The U.S. Navy has completed a contract design for a new type of oceanographic ship. Designated the T-AGOR-16, the new ship will have a catamaran hull.

Unlike the Navy's first catamaran hull design, which was for a submarine rescue vessel and entailed installation of highly specialized development equipment, the T-AGOR-16 was designed with emphasis on simplicity and adherence to commercial standards.

Most of the basic ship equipment and the oceanographic and scientific equipment to be installed in the T-AGOR-16's laboratories will be standard, commercially available equipment. The simplicity of design will enable many of the nation's shipyards to compete for the construction contract.

Bids will be opened in June. The T-ABOR-16 will have an overall length of 246 feet and beam of 75 feet. She will displace 3,080 tons under full load and will be able to sustain a speed of 15 knots. The ship's complement will consist of 44 military sea transportation service employees and 25 scientists. (CFP)

Dad: Son, why is your January report card so bad?
Son: You know how it is, Dad. Things are always marked down after Christmas.

Page The Cleaner & Furrier Ltd.

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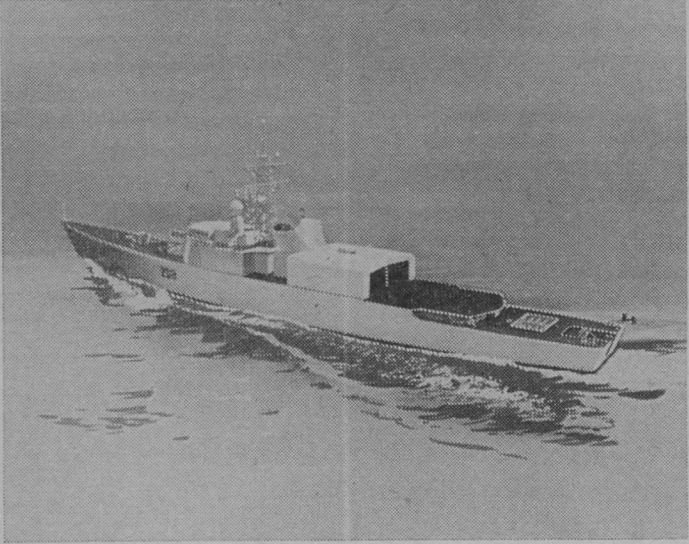
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DDH CONTRACTS LET

This is an artist's impression of the four new helicopter-destroyers being built for Canada's maritime force. First and second ships will be built by Marine Industries Limited, Sorel, Que., and the third and fourth by Davie Shipbuilding Limited, Lauzon, Que. Delivery of the ships (to be named Iroquois, Huron, Athabaskan and Algonquin) is to begin mid-1971. (CFP)

C.A.C. OF BENEFIT TO SERVICE PERSONNEL

Ottawa — As part of its expanding consumer information program, the Consumers' Association of Canada (CAC) is attempting to let all Canadian servicemen and their wives know that they may belong to CAC even though they are likely to be moved about the country quite frequently.

The Association's consumer information authorities have discovered that, as a group, servicemen and their families can profit a great deal by the wide range of information contained in the bi-monthly magazine, "Canadian Consumer." This appears to be especially so because the serviceman is exposed to many different economic areas both in and out of Canada during his career.

Therefore the Association is offering, free, a sample copy of its magazine to any serviceman or his dependent who requests it. Requests should be sent to: Section "D," Consumer's Association of Canada, 100 Gloucester St., Ottawa 4, Ont.

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NEW GAUGE FOR GAGETOWN

Captain M. C. MacDonald has become editor in chief of the flourishing CFB Gagetown Gazette in Oromocto, N.B. He succeeds Maj. Frank Ervin who has been posted to the Middle East with the UN Truce Supervisory Organization. (CFP)

PLAYGROUND LEADERS REQUIRED

Leaders are required for Griesbach Playgrounds and Wading Pools from 1 Jul - 30 Aug 68.

Leaders must be 16 years old or over. Applications may be picked up at the Leonforte Building, 0800 to 1630 Hrs Monday to Friday.

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CREDIT UNION NEWS



*The
Teller*

REVIEWING SOME OF THE RESOLUTION ON HAND

Ten resolutions were submitted by Wainwright & District S&CU, Taber Sugarmakers S&CU, Hinton District S&CU, Regal S&CU, West-End S&CU, Jasper Place S&CU, Hussar District S&CU, and the Credit Union Federation.

Seven of the ten resolutions specifically requested amendments to the Alberta Credit Union Act, two of which sug-

gested either deleting or amending Section 36(1) so as to increase the interest rates on loans from 1% to 1½% per month, in view of the upward trend in the cost of money.

One resolution suggested dropping the words "Savings and Credit Union", while another sought placing the total responsibility for the functions of the Credit Union and supervisory committees on the Board of Directors. Another resolution dealt with reserves relating to term deposits and two others bore on suggested amendments that would alleviate certain delinquent loans problems.

In the general categories, one resolution called for withholding dues to CUNA International Inc., with the obvious intention of getting NACCU started (National Association of Canadian Credit Unions). The Federation resolution called for a special once-only assessment of 10 cents per member to contribute to the work of the establishment of a development fund through the investment of seed capital.

In a separate issue we will publish details on these resolutions, when the full report is received. In the meantime, although the resolution concerning the request of Government approval raising the rate of loan

interest from 1% to 1½% per month, was passed, this has yet to be considered by the provincial Government and if concurred in proposed for passage by the legislature to amend the Credit Union Act.

Even were this to become law, it will still be up to each credit union to charge its own interest rates, and would have to be approved by our own Board of Directors.

Passage of this resolution was widely broadcast over radio on news, and as was expected, was as widely misrepresented, and so misunderstood, by many of our credit union members who heard it. We wish to assure our members that there is no intention of raising our interest rates on loans in the foreseeable future, and to do so would require your approval.

Area Supervisors

Our last newsletter omitted some of our representatives at Namao & Griesbach and we wish to announce that the following are still serving as volunteer area supervisors and collectors: Mrs. Joyce Smith — CPO's Office, Cpl Al Foy — Adm HQ — Namao, Lt. R. Theriault — Air Traffic. Also, Mr. Alf Holden has taken over from Ken McMillan at 7SD. Ken has been a member and area rep. for

many years and was one of the "originals". Ken has been on sick leave for some time and we wish him a steady recovery. Ken is also retiring from the Civil Service after many years of service in the DND in both military and civilian capacities. Although he will continue to be a member Ken will be missed at 7SD, and for all his work for the credit union and for individual member he deserves a medal.

A little bit of history — and our Credit Union purpose

Your credit union was organized because somebody had vision and idealism. Somebody could see what a great service a credit union can perform for its members. That somebody was WO1 Hayman, Stn Namao's Station Warrant Officer and humanitarian in the year 1959. With some assistance from WO1 Roly Freeman of Griesbach they started to pull the airmen and soldiers at Namao and Griesbach into the Amalgamated Civil Service Savings & Credit Union, which then had barely 200 members with assets of \$6900.00. (available for dividends that year — \$135.00). Today, seven years later, our assets are **one and one-half million dollars** with over 2100 members. More than 4400 members have since been

signed up, and 2300 members, mostly servicemen, have left or transferred their accounts to other military credit unions. Around at that time was S/L George Kercher, Stn CADO and F/L Howie Gropp the RADO, and such notable names as G/C Bill Carr, the most colorful and popular Commander Namao had ever seen, and Col. Ball, and Col. Andie Mills, who pushed the movement to the hilt, and who are still members. Around at the time running the orderly room was Wally Swenarchuk, whose arm was twisted to join the organization and do some work. He relates how he used to spend half his time handling the paperwork on bad debts for his two bosses S/L Kercher and F/L Gropp, and parading some of the debtors before the CO. G/C Carr's favourite sentence was 'Join the Credit Union or you go to Resolute' (the only place in Canada where you could not get into debt). Soon the deluge of paper was cut down to a trickle. Around at that time also was FS Syd Andrews, grounds foreman, and who was retired and took on the same job in the CE section until he again was retired due to age. Syd was a director then and Wally soon became Credit Committee member and chairman.

Syd is your Manager now and Wally his assistant.

Then there was Mike Taciuk, of Telecommunications. He became the **first president**, and because of his hard work, steadfastness to the cause he so earnestly believes in, he is still president, **for the fifteenth consecutive year**. Mike has been the most important man in the growth of our credit union. He has hardly missed a Thursday night or a Saturday morning in 14 years when he has voluntarily appeared at the office to help out, without remuneration. We will be scouring our files for stories about our credit union executives past and present, and other notable members and volunteer workers and we aim to tell our present members and readers about them.

Tramp Dollars...

"Tramp Dollars" Now that's a subject! In-and-out money in the credit union we're talking about. Dollars that members put in their shares and then pull out again, almost right away.

Restless dollars can't earn anything for their owners, because they don't stay put long enough.

Dollars too temporary to lend to other members who'd like to use them, and pay for the privilege.

Dollars that are more of a liability than an asset. Dollars that cost time and money to keep track of. Dollars that add to the credit union's expenses and so eat up dividends, and cut down on interest refunds.

A Credit union is no place for that kind of shiftless money. Put your dollars into the credit union, and leave them there long enough for them to go to work for you.

DON'T MAKE A BUM OUT OF YOUR BUCK-

WATCH FOR AN ANNOUNCEMENT OF THE MOVE OF YOUR CREDIT UNION TO NEW OFFICES UP TOWN — AND — OPENING OF AN OFFICE AT NAMAQ FOR THE BENEFIT OF SERVICE & DND PERSONNEL.

SKY'S THE LIMIT AT THIS YEARS FEDERATION MEETING IN CALGARY

Everything of a positive nature that has transpired over the past two years — starting with the Stevenson-Kellog study was of necessity discussed at this first Annual Meeting of the Credit Union Federation of Alberta and the Alberta Central Credit Union (1965) Ltd.

The 200 or more delegates who were drawn into the Palliser Hotel for this important event had the responsibility of establishing a totally new organization with a new constitution, by-

WORLD WAR II MARINE DEAD TO BE HONORED MAY 5

Battle of the Atlantic Sunday, honoring those who served and gave their lives at sea in the Second World War, will be observed this year on Sunday, May 5th.

Serving and former members of navy, merchant marine and sea cadets will attend church services and ceremonies in centres from coast to coast. Special services will be held in HMC ships in harbor and at sea.

Battle of the Atlantic Sunday is named for the Second World War struggle to maintain the ocean lifeline between North America and Europe. It was to this battle that Canada's main naval effort was directed, and it was here that thousands of Canadians from all parts of the country and all walks of life contributed in sizeable measure to the ultimate victory.

HUSKY TOWER — CALGARY



laws, and electing a complete new board of directors and committee members.

The three-day eventful meeting dealt in detail with policies that will be necessary to guide management and the incoming board of directors & committees between this annual meeting and the next.

Furthermore, as far as constitutional and legislative require-

ments are desired, these came before the delegates for final consideration. Several changes were proposed in this area to facilitate the operation of the Federation and meet the new needs of present day credit unions.

Socially, the three-day annual meeting is always a big event in the lives of credit union people throughout the province. This year was no less in this respect because the competition between Calgary and Edmonton is big and the leading people of the Calgary Chapter had long memories and they intended to outdo the "Klondike Kapers" displayed last year in Edmonton. So this year in Calgary was "GO WESTERN"!

From the time the delegates and their wives and friends hit the "Stampede City" the loop of social activities were varied and intermingled with the business sessions throughout the last 3 days of that memorable week — April 4, 5 and 6.

As is the custom, the Calgarian was donned in full cowpoke regalia, ten-gallon hats, kerchiefs, multi-colored skirts, (some minis) chaps, and six-guns. And the invitations were out to the incoming delegates to join in, except for the Edmontonians who were expected to arrive as Klondikers, and did. Representing Edmonton Amalga-

mated as delegates to the convention were board members Stan Rees of Charles Camsell Hospital and Doug Taylor, DOT, credit committee chairman Jack Biscler, and Syd Andrews, our manager, and were accompanied by their wives. President Mike Taciuk and Mrs. Taciuk attended on the last day. The social festivities were open to all credit union members all over the province, and we learn that our own Sgt Earle Smith was in town, but strangely enough, he claims there was even something better going and couldn't make it to the "cowpoke" party.

Of interest to our credit union is the creditable news that Stan Rees was elected 2nd Vice President of the Federation, and Chairman of the Stabilization Board. Congratulations to Stan who has been on our board for some time also. We are happy to report all delegates and visitors returned Saturday afternoon safely.

ADVERTISEMENT

PROMOTED TO MAJOR-GENERAL

Brigadier-General Donald G. M. Nelson, 57, of Toronto and Milton, Ont., will be promoted to the rank of major-general and appointed surgeon general of the armed forces July 1. Since

July 1964 he has been deputy surgeon general (military medicine).

He succeeds Surgeon Rear-Admiral Walter J. Elliot, 58, of Ottawa, who will be retiring from the forces July 15 after 26 years service.

General Nelson graduated in medicine from the University of Toronto, interned at St. Michael's Hospital, Toronto. He spent several months in the army as a medical officer prior to entering the air force in Nov. 1940.

Admiral Elliot graduated in medicine from Queen's University in Kingston, Ont., in 1937, interned at the Kingston and Vancouver General Hospitals. After wartime service with the Royal Navy and RCNVR he joined the regular force in Jan. 1946.

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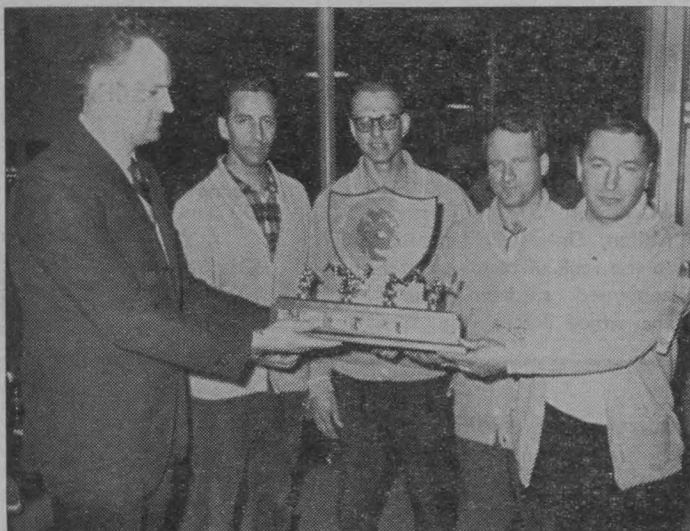
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GRIESBACH INVITATIONAL BONSPIEL "A" EVENT WINNERS

Left to right: Kay Luna, skip; Ron Bengjson, third; Jerry Stecyk, second; and Marv Heap, lead.

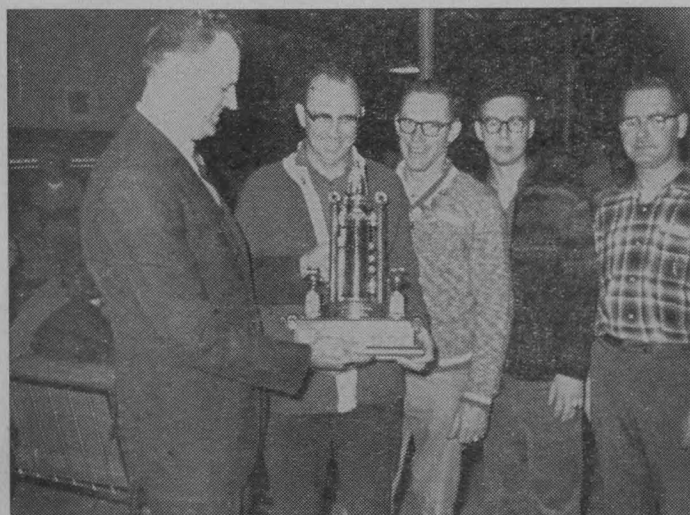
(CANADIAN FORCES PHOTO)



GRIESBACH INVITATIONAL BONSPIEL "B" EVENT WINNERS

Left to right: John Roy, third; Al Moroz, skip; Gary Armitage, second; and Paul Bourassa, lead.

(CANADIAN FORCES PHOTO)



GRIESBACH INVITATIONAL BONSPIEL "C" EVENT WINNERS

Left to right: Hugh Tamblin, skip; Niel Black, third; Rick Powell, second; and Andy Davis, lead.

(CANADIAN FORCES PHOTO)

Book Review

THROWING COLD WATER ON MISSILE FLAP

History has a habit of repeating itself.

Rowland F. Pocock writes of the plethora of guided missile projects by which the Germans rather tied themselves up in the second world war. Then he alludes to the interservice rivalries in postwar USA as the American forces first ventured into the space age, again with too many projects under development.

Pocock doesn't exploit the dramatic aspects of German guided missiles in the last war. He figures after poking his nose into various vehicles that they were hardly on the verge of efficient missiles or an efficient missile defence system, despite the flap in the press just after the war.

Readers with a good technical background will appreciate this little book. It certainly isn't history in the normal sense nor even a technical treatise. This is too bad, but its redemption lies in the data table in the back, appendices, a bibliography and index. He does mention the glider bomb attack on HMS Uganda in 1943. This cruiser was later transferred to the RCN and eventually was renamed HMCS Quebec.

German Guided Missiles of the Second World War, by Roland F. Pocock, available from Ambassador Books Ltd., 10 Vulcan St., Rexdale, Ont., 120 pages, illustrated, at \$7.50. (CFP)

Canada Shares

REVIEW 50 YEARS OF R.A.F.

The Royal Air Force was formed April 1, 1918, amalgamating the Royal Flying Corps and the Royal Naval Air Service.

The new force gained supremacy over the western front in the remaining seven months of the Great War against fierce enemy opposition. An independent air force dropped 550 tons of bombs on industrial targets in Germany during the last five months.

The British air forces by Armistice had destroyed more than 8,000 enemy aircraft and airships, dropped 8,000 tons of bombs and fired 12 million rounds of ammunition at ground targets. In 1918 the RAF had 22,000 aircraft.

In 1919 Marshal of the RAF Viscount Trenchard, father of the RAF, drew up the peacetime organization. The RAF College opened at Cranwell in 1920 and an apprentice scheme at Halton in 1922.



GRIESBACH INVITATIONAL BONSPIEL "D" EVENT WINNERS

Left to right: Chuck Perry, skip; Bob Carscadden, third; Terry Bloom, second; and Lorne Scott, lead.

(CANADIAN FORCES PHOTO)

BATTLE OF BRITAIN

When the second world war came the RAF was smaller than the German air force but rapidly expanding. The Commonwealth Air Training Plan centred in Canada ultimately had 360 schools producing 137,740 aircrew. Canada had trained RFC aircrew in the first war too.

Between August and October 1940 the RAF won the battle of Britain. The German Luftwaffe lost 1,733 aircraft and was never again able to win supremacy of British skies. The invasion opportunity was thus lost.

The air war moved to the Middle East. On the Atlantic RAF aircraft were credited with 243 of the 866 enemy submarines destroyed and 29 more kills were shared with allied naval forces. The RAF sank 1,518 enemy surface vessels totalling 1,750,000 tons.

STRATEGIC BOMBING

The air war spread to the Far East, but the primary RAF role was that envisaged in 1918 — strategic bombing. RAF bomber command made a total of 392,137 sorties to drop just under a million tons of bombs. The 47,000 aircrew killed were 67 per cent of the total RAF casualties. Another 18,000 were wounded, taken prisoner or missing.

In the first world war air casu-

alties were 6,166 killed and 7,245 wounded or injured. In the second world war the RAF lost 70,253 in action and 22,924 wounded. There were 13,115 RAF prisoners of war. About 2,000 of those shot down escaped or evaded capture. In both wars the glory and the grief were shared by thousands of Canadians.

In postwar 1945 a Meteor jet put the world speed record up to 606 mph and to 616 mph in 1946. RAF Vampires made the first Atlantic jet crossing in 1948.

The RAF today has 2,000 aircraft in service and a strength of 121,400. Aircraft on order include more than 100 Phantom F4M Mach 2 aircraft for strike, recce and intercept roles; 60 Hawker Siddeley Harrier V/STOL plus 10 2-seat trainers, and 200 Jaguar strike/trainer aircraft.

(CFP Background Series)

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Waitress: Where were you sitting?

Customer: Over near the window.

Waitress: That accounts for it. Those portions were for advertising purposes.

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BB rifle, excellent condition, gun oil and BBs included, \$5.00. Contact 476-6549.

* * *

Spacer saver, army style bunk beds with mattresses, \$20.00. Medium size crib and mattress, white finish, good condition, \$12.00. Phone 476-6861.

* * *

Phillips portable tape recorder, \$49.00; Eldon Rook racing set, \$10.00; maternity wardrobe, size 16, \$7.00. Phone 799-6129.

* * *

One set Encyclopedia Britannica (1961), like new \$150.00. Telephone 454-4065.

* * *

Twelve-inch tricycle (for age two to four), \$4.00. Kingsway PMQ 723, phone 454-5102.

* * *

One four-burner electric stove, one Frigidaire refrigerator, with across-top freezer, one baby carriage, one wooden play pen and pad 27" x 27", one swing set (3 swings and glider), one boy's bicycle 26" frame, one large tricycle fair condition, one car wheel and tire, one boy's suit size 12, one bird cage and stand, phone 799-6587 after 6 p.m.

* * *

RCAF raincoat, new condition, size 72-36, \$10.00. Phone 476-6092, PMQ 297.

* * *

Picnic table and benches (new) made of 2" spruce, all bolted, finish in Redwood stain, \$20.00.

Call P. Fontaine, 10603 - 149 Ave., 476-6371 after 6 p.m.

* * *

One European tent with two inner sleeping rooms and kitchen extension, sleeps four, \$75.00, good condition; one baby stroller, \$7.00. Phone Cpl. Cox at 476-6782.

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One single bed with headboard, \$25.00; new teak dresser, Danish style, \$150. PMQ 631.

* * *

Convertible twin carriage, \$15. Phone 476-6376.

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Singer portable sewing machine in good running order, \$40; walnut table model radio and 3-speed record player, \$30.00; two light salmon pink hostess chairs, good condition, \$5 each; 3½-gallon aquarium, \$3.00. Phone 476-6148.

CHILD CARE

Will baby sit any night (except Thursday) to 10 p.m., Saturdays to 12 p.m. (midnight). Phone 476-6955, PMQ 136, Stephen Bryant.

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Looking for a reliable baby-sitter? Call Sherry at 476-6580.

* * *

Reliable baby sitter with First Aid training, age 17. Phone 476-6638, ask for Lil.

* * *

Baby sit children in my home week days or weekends. Phone 476-7585, Griesbach PMQs.

* * *

For reliable baby sitting and lawn mowing call 476-7972.

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Will babysit in Princess Elizabeth PMQ area. Ask for Margaret or Barbara. Phone 479-6765.

Will babysit, experienced. Ph. 476-6350, ask for Rick.

* * *

Baby sitter, experienced, call 476-6744 and ask for Donald.

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Two girls age 14 and 15 will babysit evenings and weekends. Phone 476-7856.

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Will baby sit my home days. Phone 476-7856.

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Will babysit children in my home, any age, by hour or day. Phone Mrs. W. Snow 476-6638, PMQ 164.

* * *

Reliable girl, age 17, with First Aid Certificate will baby-sit, phone 476-6638.

* * *

Reliable girl age 13 will baby sit call Bev 476-6638.

* * *

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Wooden kitchen table with drop-leaf 476-7188.

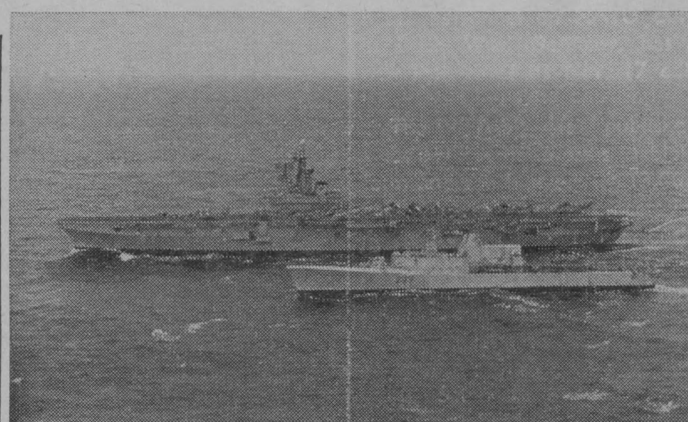
* * *

Play pen and high chair in repairable condition phone 476-7188.

FIRE POWER

The USS New Jersey on commissioning April 6 at Philadelphia became the only battle-wagon on active duty afloat in the world.

The 45,000-ton, 25-year-old ship served in the second world war and Korea. She carries nine 16-inch and twenty 5-inch guns and will add greatly to shore bombardment fire power. Her home port will be Long Beach, California, but she is due off Vietnam this September. (CFP)



AIRCRAFT CARRIERS

Shipborne aircraft play a vital role in anti-submarine operations. The aircraft carrier Bonaventure operate fixed wing Trackers and Sea King helicopters. Helicopter-destroyer Fraser in the foreground also operates the all-weather Sea King. (CFP)

PROPERTY FOUND

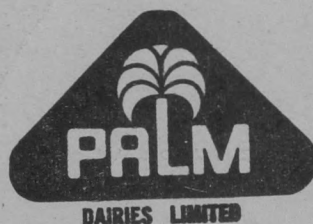
The following lost and found property is held by the Military Police Section. Any inquiries in reference to these articles should be directed to the MP Section.

One pair of binoculars,
Girl's Timex wrist watch,
Woman's purse,
CCM bicycle purse,

Dairy Products

of

Guaranteed Goodness



Maroon tricycle,
Brown leather wallet,
Timex wrist watch,
Girl's bicycle,
Boy's CCM bicycle,
Front and rear bicycle wheels and handle bars,
Two bicycle wheels, front and rear (less tires),
Boy's Overland bicycle,
Child's car bed,
Girl's CCM bicycle,
Boy's bicycle frame,
Boy's red bicycle,
Cigarette case,
Girl's bicycle Glider,
Minnerallac staticscope,
Three bicycle wheels,
Girl's JC Higgins bicycle,
Boy's Glider bicycle.

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Contact:

Cpl. R T CLARKE
Phone 799 - 3783

REPAIRS GUARANTEED

Mothers' Day
May 12 **HAPPIEST MOTHERS**
WILL BE THOSE WHO RECEIVE GIFTS FROM
NORTHGATE *Shopping Centre*

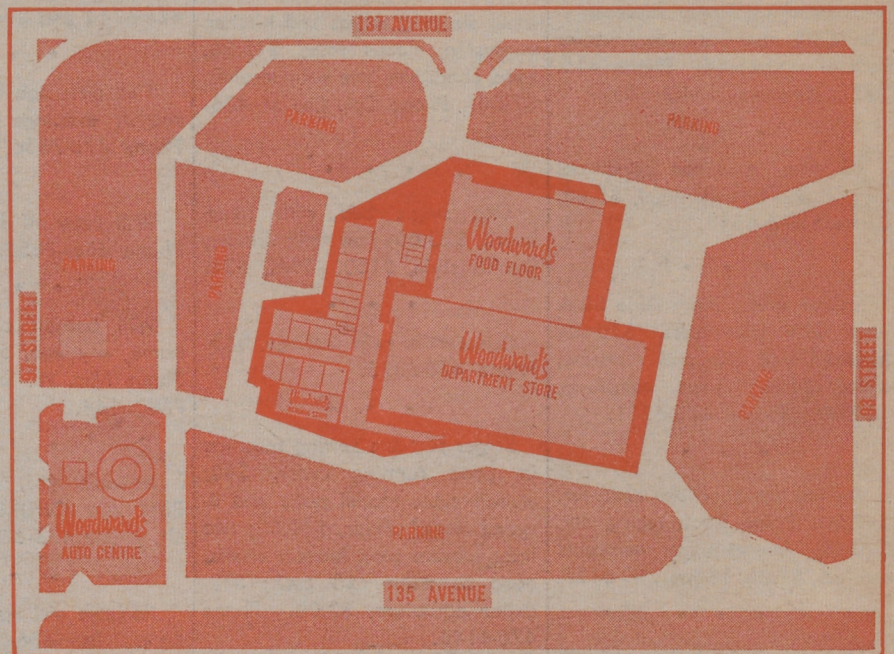
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and



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Northgate Barber Lounge ... 476-4066	Peoples Credit Jewellers ... 476-1357	Household Finance
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United Cigar Store Ltd. 476-7956	Silk-o-Lina Ltd. 476-3131	Jack and Jill Dept. Store ... 476-4646
Tamblyn Drug Store Ltd. ... 476-4932	St. Clair Shop 476-4151	Administration Office 476-3737
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